

STATE OF NEW HAMPSHIRE  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

*Bureau of Quality Assurance and Improvement*



***QUALITY SERVICE REVIEW***

**Final Report for**  
***Community Partners***

Issued March 10, 2020

## ***Acknowledgements***

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The Department of Health and Human Services, Bureau of Quality Assurance and Improvement (BQAI) acknowledges the significant effort the Community Partners staff made to have its Community Mental Health Center (CMHC) Quality Service Review (QSR) be a success. BQAI also thanks the CMHC QSR review team, which included staff from BQAI and staff from the Division of Behavioral Health.

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## ***Acronyms***

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ACT	Assertive Community Treatment
BMHS	Bureau of Mental Health Services
BQAI	Bureau of Quality Assurance and Improvement
CII	Client Interview Instrument
CMHA	Community Mental Health Agreement
CMHC	Community Mental Health Center
CP	Community Partners
CRR	Clinical Record Review
DHHS	Department of Health and Human Services
DRF	Designated Receiving Facility
DBH	Division for Behavioral Health
IPA	Inpatient Psychiatric Admission
ISP	Individualized Service Plan
NHH	New Hampshire Hospital
OCR	Overall Client Review
QIP	Quality Improvement Plan
QSR	Quality Service Review
SE	Supported Employment
SII	Staff Interview Instrument
SMI	Severe Mental Illness
SPMI	Severe and Persistent Mental Illness

## ***Executive Summary***

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The NH Department of Health and Human Services (DHHS), Bureau of Quality Assurance and Improvement (BQAI) developed a Quality Service Review (QSR) process, in consultation with Representatives of the Plaintiffs and the Expert Reviewer, to assess the quality of the services provided by NH's Community Mental Health Centers (CMHCs) within the following substantive provisions of the Community Mental Health Agreement (CMHA): crisis services, assertive community treatment (ACT), housing supports and services, supported employment (SE), and transitions from inpatient psychiatric facilities, and to evaluate the CMHC's achievement of the intended outcomes of the CMHA. The state is required to conduct a QSR at least annually.

To evaluate the quality of the services and supports provided by CMHCs, as outlined in the CMHA, BQAI developed a structured assessment using qualitative and quantitative data from individual interviews, staff interviews, clinical record reviews, and DHHS databases to measure the CMHC's achievement of 18 quality indicators and 67 performance measures that represent best practices regarding the substantive provisions of the CMHA.

DHHS conducted Community Partners' (CP) QSR in Dover and Rochester from January 13 through January 17, 2020. The first two days consisted of record reviews conducted remotely in Concord and the final three days consisted of client and staff interviews in the Dover and Rochester offices. The CP QSR sample included 98 randomly selected individuals eligible for services based on severe mental illness (SMI) or severe and persistent mental illness (SPMI) criteria, who received at least one of the following services within the past 12 months: ACT, SE, crisis services, housing, and transition planning. Assessment data was collected for each individual for the period of January 1, 2019 through January 12, 2020. The data was collected for each individual using the QSR instruments and scored using the QSR scoring protocol.

CP received a score of 80% or greater for 13 of the 18 quality indicators. The following five quality indicators were identified as areas in need of improvement:

Quality Indicator 8: Adequacy of employment assessment/screening

Quality Indicator 12: Individual is integrated into his/her community, has choice, increased independence, and adequate social supports

Quality Indicator 13: Adequacy of crisis assessment

Quality Indicator 15: Comprehensive and effective crisis service delivery

### Quality Indicator 17: Implementation of ACT services

CP is required to submit a Quality Improvement Plan to DHHS for each of the five quality indicators identified as needing improvement.

**Table 1: Community Partners QSR Summary Results**

Quality Indicator	Number of Individuals Scored	Quality Indicator Score	Quality Improvement Plan Required	Total Number of Measures
1. Adequacy of assessment	22	92%	No	4
2. Appropriateness of treatment planning	22	88%	No	3
3. Adequacy of individual service delivery	22	93%	No	6
4. Adequacy of housing assessment	22	95%	No	1
5. Appropriateness of housing treatment planning	22	86%	No	1
6. Adequacy of individual housing service delivery	22	92%	No	3
7. Effectiveness of the housing supports provided	22	86%	No	5
8. Adequacy of employment assessment/screening	22	64%	Yes	2
9. Appropriateness of employment treatment planning	8*	100%	No	1
10. Adequacy of individualized employment service delivery	11*	91%	No	2
11. Adequacy of assessment of social and community integration needs	22	98%	No	2
12. Individual is integrated into his/her community, has choice, increased independence, and adequate social supports	22	74%	Yes	13
13. Adequacy of crisis assessment	6*	75%	Yes	4
14. Appropriateness of crisis plans	22	84%	No	2
15. Comprehensive and effective crisis service delivery	6*	75%	Yes	5
16. Adequacy of ACT screening	22	98%	No	2
17. Implementation of ACT Services	12*	71%	Yes	4
18. Successful transition/discharge from inpatient psychiatric facility	12*	80%	No	7

\* Individuals not applicable to the quality indicator were excluded from scoring.

## ***I. Background***

In 2014, the State of New Hampshire, the United States Department of Justice, and a coalition of private plaintiff organizations entered into a Settlement Agreement (here after referred to as the Community Mental Health Agreement, [CMHA]) in the case of Amanda D. et al. v. Margaret W. Hassan, Governor, et. al.; United States v. New Hampshire, No. 1:12-cv-53-SM. The CMHA is intended to significantly impact and enhance the State's mental health service capacity in community settings. The intent of the CMHA is to ensure that: 1) to the extent the State offers services, programs, and activities to qualified individuals with disabilities, such services, programs, and activities will be provided in the most integrated setting appropriate to meet their needs; 2) equality of opportunity, full participation, independent living, and economic self-sufficiency for individuals with disabilities is assured; 3) existing community-based services described in the Agreement are offered in accordance with the individualized transition process as set forth in the Agreement; 4) individuals served are provided with the State's services and supports they need to ensure their health, safety, and welfare; and 5) all mental health and other services and supports funded by the State are of good quality and are sufficient to provide reasonable opportunities to help individuals achieve increased independence, gain greater integration into the community, obtain and maintain stable housing, avoid harms, and decrease the incidence of hospital contacts and institutionalization.

The CMHA Section VII requires the State to develop and implement a quality assurance and performance improvement system, emphasizing the use of individual-level outcome tools and measures, to ensure that existing community-based services described in the Agreement are offered in accordance with the provisions and outcomes set forth above. As part of that system, the State is required to conduct annual Quality Service Reviews (QSRs). Through the QSR process, the State collects and analyzes data to: identify strengths and areas for improvement at the individual, provider, and system-wide levels; identify gaps, weaknesses, and areas of highest demand; provide information for comprehensive planning, administration, and resource-targeting; and consider whether additional community-based services and supports are necessary to ensure individuals have opportunities to receive services in the most integrated settings. The QSR process framework is based on a continuous quality improvement model of assessment, measurement, analysis, improvement, and sustainment in partnership with the State's Community Mental Health Centers (CMHCs).

## ***II. Purpose***

The NH Department of Health and Human Services (DHHS), Bureau of Quality Assurance and Improvement (BQAI) developed a QSR process in consultation with Representatives of the Plaintiffs and the Expert Reviewer to evaluate the quality of the services and supports provided by the CMHCs within the following substantive provisions set forth in the CMHA: crisis services, assertive community treatment (ACT), housing supports and services, supported employment (SE), and transitions/discharges from inpatient psychiatric facilities. Specifically, the CMHC QSR evaluates: 1) the adequacy of assessments, such that individual's needs and strengths are properly identified; 2) the appropriateness of treatment planning, including interventions that are appropriately customized to achieve the individual's goals; 3) the adequacy of individual service delivery such that the intensity, frequency, and duration of service provision, and its sufficiency, meet the individual's changing needs; and 4) the effectiveness of services provided.

The QSR also evaluates the CMHCs' achievement of the intended CMHA outcomes: 1) provide services, programs, and activities in the most integrated setting appropriate to meet an individual's needs; 2) assure equality of opportunity, full participation, independent living, and economic self-sufficiency of individuals; 3) ensure individuals are provided with services/supports they need to ensure their health, safety, and welfare; and 4) ensure that services provided to individuals are of good quality and are sufficient to provide reasonable opportunities to help individuals achieve increased independence, gain greater integration into the community, obtain and maintain stable housing, avoid harms, and decrease the incidence of hospital contacts and institutionalization.

Achievement of the CMHA provisions and outcomes by the CMHC is determined based on an assessment of the data gathered by the QSR process, including narrative provided by individuals and staff, and relevant findings from ACT fidelity reviews, SE fidelity reviews, CMHA quarterly data reports, BMHS contract monitoring info, and DHHS databases. The QSR data serves as a basis for the identification of areas in need of improvement and the formulation of a Quality Improvement Plan (QIP) by the CMHC toward incremental and continuous improvement over time.

### ***III. QSR Process Overview***

The CMHC QSR process includes a number of tasks performed by DHHS and CMHC staff within a proscribed timeframe involving communication, logistics, IT, data entry, data analytics, scheduling, transportation, training, orientation, interviewing, and scoring. Pre-requisite tasks and forms are completed by both parties prior to the on-site portion of the QSR. The clinical record review occurs remotely at DHHS offices when access to the CMHC's electronic health record is available; otherwise, it occurs at the site of the CMHC. Interviews with individuals and CMHC staff occur on site, unless otherwise determined by the CMHC and BQAI. During the on-site period, daily contact occurs with QSR reviewers to ensure consistent practice and inter-rater reliability, and assistance is sought from the CMHC staff if needed. During the post on-site period, follow-up tasks required of the CMHC are completed and BQAI commences scoring. The QSR data is analyzed and the CMHC's QSR Report is written and provided to the CMHC identifying any areas in need of improvement. If needed, the CMHC submits a QIP to DHHS for approval. Progress reports submitted to DHHS by the CMHC are monitored and technical assistance is provided to the CMHC if needed. The next QSR cycle serves to validate progress made toward achievement of the improvement target(s).

### ***IV. QSR Methodology***

To ensure a robust and comprehensive understanding of the CMHC's services and supports regarding the substantive provisions included in the CMHA, and corresponding impact on the related outcomes of the individuals served, the QSR employs a mixed-method design that incorporates both quantitative and qualitative measurement, including secondary administrative data, clinical record data, and interview data. Data used for the assessment is collected for each individual during the most recent 12-month period using four standardized instruments: the Clinical Record Review (CRR), the Client Interview Instrument (CII), the Staff Interview Instrument (SII), and the Overall Client Review (OCR). See Appendix 1: List of CMHC QSR Instruments for a description of the instruments. The instruments are structured to enable the evaluation of both the adequacy and the effectiveness of CMHC service provision related to: Assessment, Treatment Planning, and Service Delivery; Housing Services and Supports; Employment Services and Supports; Community Integration, Choice and Social Supports; Crisis Services and Supports; ACT Services and Supports; and Inpatient Psychiatric Admission

Transition/Discharge, as defined by 18 quality indicators and 67 performance measures. Each quality indicator includes one or more performance measures. The method used to score the quality indicators and performance measures is described in the Scoring section.

### **Sample Size and Composition**

The CMHC QSR sample is randomly selected and consists of at least 20 individuals eligible for services based on the category of Severe Mental Illness (SMI) or severe and persistent mental illness (SPMI) who received at least one of the following services within the past 12 months: ACT, SE, crisis services, housing, and transition planning from an inpatient psychiatric admission (IPA). Prior to the site review, each individual is assigned to one of four sample categories: 1) *ACT/IPA*: individuals receiving ACT and have had at least one IPA which includes voluntary, involuntary, and conditional discharge revocation admissions; 2) *ACT/No IPA*: individuals receiving ACT but who have not experienced an IPA within the past 12 months; 3) *No ACT/IPA*: individuals who are not receiving ACT but have experienced an IPA in the past 12 months; and 4) *No ACT/No IPA*: individuals who are not receiving ACT and have not experienced an IPA within the past 12 months. Sample lists may then be reviewed to determine if there are individuals who had admissions at inpatient behavioral health units other than New Hampshire Hospital and the Designated Receiving Facilities, and those individuals are moved to the ACT/IPA and NO ACT/IPA lists as appropriate. Additionally, information gathered during the interview scheduling and site review may result in an individual being re-assigned to a different sample category, resulting in a change in the final number of individuals for each category.

Evidence during the first year of administering the QSR demonstrated that the final sample category re-assignment tended toward re-assignment into the fourth *No ACT/No IPA* sample category identified above. This resulted in an over-representation of the *No ACT/No IPA* sample category at the completion of the QSR. As a result, the CMHC is now provided only with individuals assigned to the first three sample categories, *ACT/IPA*, *ACT/No IPA*, and *No ACT/IPA*, to ensure a more balanced representation in all four categories once the final re-assignment of the categories is made at the completion of the QSR.

## **Data Sources**

The CMHC QSR uses quantitative and qualitative data to evaluate the quality of services and supports provided to individuals. Data collected specifically for the purpose of this evaluation is collected through in-depth interviews with individuals and staff, reviews of clinical records and other CMHC records, and queries from the DHHS Phoenix and Avatar databases. If a reviewer is unable to locate adequate evidence in the CMHC's clinical record, the reviewer documents that instance as "no evidence." CMHC staff are given the opportunity to locate documentation within its clinical record system. The QSR reviewers determine whether the evidence located by the CMHC staff is adequate and would result in a response other than "no evidence."

## **Scoring**

The CMHC QSR scoring framework includes 18 quality indicators within seven domains that define achievement of the outcomes and substantive provisions set forth by the CMHA. The domains include Assessment/Treatment Planning/Service Delivery, Housing Services and Supports, Employment Services and Supports, Community Integration/Choice/Social Supports, Crisis Services and Supports, ACT Services and Supports, and Inpatient Psychiatric Admission Transition/Discharge. Domain percentages are determined by averaging the number of measures under each domain that received a "YES." The measures within each domain are scored with equal weight. Each quality indicator is defined by at least one performance measure. Each performance measure defines a critical aspect of the quality indicator and when evaluated in total provides an assessment of the achievement of that indicator. For example, for an assessment to be considered adequate (Quality Indicator 1) the assessment must identify the individual's needs and preferences (performance measure 1a), identify an individual's strengths (performance measure 1b), and include face-to-face contact with the individual during the information gathering process (performance measure 1c).

Performance measures are scored as "YES" (positive) or "NO" (negative) based on the data collected from the four QSR instruments. Quality indicators are scored at the individual level and the CMHC level. A quality indicator is scored at the individual level based on the percent of performance measures associated with that quality indicator that were scored as "YES." The CMHC level score is based on the average of the total individual level scores for that quality indicator.

For example, Quality Indicator 1 consists of Measures 1a, 1b, 1c, and 1d. If an individual received a score of “YES” for three of the four performance measures, the score for Quality Indicator 1 at the individual level would be 75%. If the total of all six individual level scores for Quality Indicator 1 is 475, the CMHC level score for Quality Indicator 1 would be 79% (see Appendix 2: Quality Indicator 1 Scoring Example).

The data points used for scoring the performance measures are based on the information found in the clinical record review, the answers provided by the individual and the staff member during the interview process, and the assessment information provided by the QSR Reviewers in the Overall Client Review (see Appendix 3: QSR Abbreviated Master Instrument). In some cases, the individual’s response is given more weight in scoring than the staff response or the information in the record review; in other cases, the staff response may be given more weight. Certain questions within the clinical record review require the QSR Review Team to use guided judgement, in addition to information found in the clinical record or the narrative response provided by the individual or staff, to determine the answer that will be used in scoring.

The scoring of the quality indicators excludes data from individuals who received a relevant service or support outside the period of review (12-month period), as well as if the relevant service or support did not pertain to the individual; therefore, the number of individuals scored for any given measure may vary. For example, individuals who were not interested in receiving employment services or supports during the review period will not have a score for Quality Indicator 10: Adequacy of individual employment service delivery. Individuals who are not currently receiving ACT services will not have a score for Quality Indicator 17: Implementation of ACT Services.

A number of quality indicators also include measures derived from the OCR. The answers to the OCR questions represent performance measures used in the scoring of seven applicable quality indicators, e.g., OCR Q1 “Is the frequency and intensity of services consistent with the individual’s demonstrated need?” is a measure within Quality Indicator 3: Adequacy of Individual Service Delivery (see Appendix 3: QSR Abbreviated Master), and is incorporated into the scoring protocol for the relevant quality indicator(s).

In addition, a score is given to each QSR domain to provide additional information in the assessment of the CMHC’s compliance with the CMHA substantive provisions (see CMHA

Substantive Provisions section). Each domain consists of specified measures. The domain score is calculated as an overall average of individual-level percentages, i.e., for each applicable individual, the percentage of “YES” measures (those that are positive) within a domain is calculated, then all the individual-level percentages are averaged to determine the final domain score. The seven domains are:

Assessments, Treatment Planning and Service Delivery: Quality Indicators 1, 2, and 3;

Housing Services and Supports: Quality Indicators 4, 5, 6, and 7;

Employment Services and Supports: Quality Indicators 8, 9, and 10;

Community Integration, Choice, and Social Supports: Quality Indicators 11 and 12;

Crisis Services and Supports: Quality Indicators 13, 14, and 15;

ACT Services: Quality Indicators 16, and 17; and

Transition/Discharge from an Inpatient Psychiatric Admission: Quality Indicator 18.

## **QSR Findings and Conclusions**

The QSR findings are based on the data collected by the QSR instruments and include an overview of the number of individuals in the QSR sample by category, the distribution of interview and record review activities, and a quantitative assessment (scoring) of the CMHC relative to the quality indicators and performance measures. Qualitative data provided by the individuals and staff during the interview and/or identified in the record review is used to provide additional insight into the data and may inform particularly low scoring measures within a quality indicator or outlier data. Conclusions include an assessment of the CMHC’s achievement of the outcomes and substantive provisions identified in the CMHA based on a summation of QSR data, ACT Fidelity Reviews, SE Fidelity Reviews, and additional data from DHHS databases and BMHS contract monitoring, where applicable.

## **Quality Improvement Plan and Monitoring**

An initial QSR report is provided to the CMHC. The CMHC has 15 calendar days to submit factual corrections and any significant information relevant to the QSR report for BQAI to consider prior to issuing the final report. The final report is distributed to the CMHC, Representatives of the Plaintiffs, and the Expert Reviewer, and is posted to the DHHS website. The CMHC is required to submit a QIP to DHHS for any quality indicator identified as an area in need of improvement. That threshold is any quality indicator scoring less than 70% for SFY18, less than 75% for SFY19, and less than 80% for SFY20. The CMHC has 30 calendar

days to submit a QIP to DHHS for review by the BMHS Director and the BQAI Administrator. The CMHC is required to use the standardized QIP template provided by DHHS. The BMHS Director informs the CMHC whether the plan was approved or needs revision. Once approved, any changes made to the plan must be approved by the BMHS Director or designee. DHHS monitors the achievement of the CMHC’s QIP through standardized progress reports submitted by the CMHC to BMHS and BQAI each quarter. BMHS and BQAI will provide feedback and any needed technical assistance to the CMHC during the improvement period. CMHCs are expected to make incremental improvement each year toward an improvement target of 80% or greater.

## V. Community Partners QSR Findings

### Community Partners QSR Overview

The CP QSR was conducted at the CP offices in Dover and Rochester. Additional information about CP is found in Appendix 4: Agency Overview. Ninety-eight CP individuals met the QSR sample criteria. Twenty-three eligible individuals were drawn at random from the *ACT/IPA*, *ACT/No IPA*, and *No ACT/IPA* categories to be interviewed. However, only 22 individual interviews were completed due to one individual not being available for the scheduled interview. Information gathered during the scheduling and site review resulted in some individuals being re-assigned to a different (the accurate) sample category, which changed the final number of individuals in each category. Table 2 shows the distribution of individuals by the sample categories as originally provided and the final adjusted groupings after interviews were completed.

**Table 2: Number of Individuals by Category**

CATEGORY	FULL SAMPLE		INDIVIDUALS INTERVIEWED	
	Number	Percent	Number	Percent
ACT/IPA	17	17%	3	14%
ACT/NO IPA	54	55%	9	41%
NO ACT/IPA	5	5%	9	41%
NO ACT/NO IPA	22	22%	1	5%
<b>Total</b>	<b>98</b>	<b>99%†</b>	<b>22</b>	<b>101%†</b>

† Percentage does not add up to 100% due to rounding.

The CP Quality Service Review included a review of 23 clinical records, 22 individual interviews and 23 staff interviews. Table 3 shows the distribution of interview and record review activities.

**Table 3: Review Activities**

	<b>Number In Person</b>	<b>Number By Phone</b>	<b><i>Total</i></b>
Individuals Interviewed	20	2	22
Staff Interviewed	22	1	23
Clinical Records Reviewed	23	NA	23

From January 13 through January 17, five teams consisting of staff from BQAI and DBH completed the DHHS office-based and on-site data collection processes. Data was collected for the review period of January 1, 2019 through January 12, 2020. Following the on-site review, the QSR data was scored. Analysis of the scores was then completed.

A year-to-year comparison of CP’s results are reported in Appendix 5: Year-to-Year Comparison. Of note, the threshold score for SFY18 was 70%, SFY19 was 75% and the threshold for this year is 80%.

### **Community Partners Scores**

#### **ASSESSMENT, TREATMENT PLANNING AND SERVICE DELIVERY**

Quality Indicator 1 corresponds to CMHA section VII.D.1. CP was evaluated for the adequacy of each individual’s assessment and the resultant treatment planning and service delivery received. In addition to determining the CMHC’s compliance with standardized assessment tools, these questions evaluate: 1) whether the screening/assessment conducted adequately considers the individual’s strengths and needs, and 2) whether the treatment plans and service delivery that flow from the assessments are appropriately designed to meet the individual’s needs and goals.

#### **Quality Indicator 1: Adequacy of Assessment**

Assessment provides information to help treatment planning team members identify the individual's capabilities, needs, and preferences relative to the design of the treatment plan, and

identify the most effective strategies and supports delivered in the least restrictive environment that will help the individual achieve his/her treatment goals. An adequate assessment is complete and identifies the individual’s specific needs, strengths, and preferences, and is conducted face-to-face.

Twenty-two individuals were scored for Quality Indicator 1. CP received a score of 92%. Quality Indicator 1 consists of Measure 1a, Measure 1b, Measure 1c, and Measure 1d. Individuals were scored as follows:

	YES	NO
<b>Measure 1a:</b> Assessments identify individual’s needs and preferences	20	2
<b>Measure 1b:</b> Assessments identify individual’s strengths	21	1
<b>Measure 1c:</b> Assessment information was gathered through face to face appointment(s) with the individual	18	4
<b>Measure 1d (OCR Q3):</b> Assessments and treatment plans have adequately identified service needs, and no further services are needed	22	0

**Additional Results**

- CP uses the Adult Needs and Strengths Assessment (ANSA) to assess individuals’ needs and strengths. In reviewing the ANSAs within the clinical records, 20 of 22 clinical records were found to have all the needs areas scored (CRR Q5). Twenty-one of 22 clinical records had all areas within the strength section areas scored (CRR Q6).
- Staff indicated that at least part of the assessment process was done through face-to-face interactions with 18 of the 22 the individuals interviewed (SII Q2).
- Two of 22 individuals had treatment plans in which there were one or more treatment plan goals without related identified needs found in the ANSA, case management assessment, or other comparable assessment (CRR Q10). One of the 22 individuals had no developed treatment goals on his/her treatment plan; the treatment plan stated the individual would develop a goal.
- Overall, no individuals reviewed were observed to need additional services that were not already identified in their assessments or in their treatment plans (OCR Q3).

## Quality Indicator 2: Appropriateness of Treatment Planning

Quality Indicator 2 corresponds to CMHA sections VII.D.1 and V.D.2.f. Treatment planning is appropriate when treatment plans are developed with the individual, incorporate the individual's strengths, and include treatment interventions customized to meet the individual's identified needs and help achieve their goals. Appropriate treatment planning also includes review and revision of the treatment plan on a quarterly basis, at a minimum, and whenever there is a change in the individual's needs and/or preferences. Appropriate treatment plans consist of individual-specific goals, objectives, action steps, and prescribed services.

Twenty-two individuals were scored for Quality Indicator 2. CP received a score of 88%. Quality Indicator 2 consists of Measure 2a, Measure 2b, and Measure 2c. Individuals were scored as follows:

	YES	NO
<b>Measure 2a:</b> Treatment planning is appropriately customized to meet individual's needs and goals	17	5
<b>Measure 2b:</b> Treatment planning is person-centered and strengths based	19	3
<b>Measure 2c (OCR Q3):</b> Assessments and treatment plans have adequately identified service needs, and no further services are needed	22	0

### Additional Results

- If the ANSA or comparable assessment identifies mental health needs for an individual, the treatment plan and case management plan are then reviewed to see if CP has established a goal or plan to address the identified need(s). Seventeen individuals were found to have at least 70% of their identified mental health needs addressed through their case management plans or treatment plans. Five individuals had less than 70% of their identified mental health needs addressed in either their case management plans or treatment plans (CRR Q9).
- The QSR also looks at the reverse, reviewing each goal in the ISP treatment plan and determining if there is a related identified need in the case management assessment or the ANSA. Nineteen individuals were found to have identified needs relating to all of their treatment goals; two individuals had one or more treatment plan goals that were not aligned with any of their identified needs in the case management assessment or the ANSA. One of

the 22 individuals had no developed treatment goals on his/her treatment plan; the treatment plan stated the individual would develop a goal (CRR Q10).

- From the review of individuals' quarterly assessments, six individuals had quarterlies that identified that a modification or change in treatment or services was needed. There was evidence to support that the identified modifications were made for all six individuals (CRR Q15).
- The clinical record contained documentation of quarterly reviews having been completed for all quarters that fell within the period under review for 21 of 22 individuals (CRR Q16).
- Nineteen of 22 individuals responded they talked with CP staff in the past 12 months about their needs and goals (CII Q1), many saying they did so approximately every other week (CII Q2). Sixteen of the 19 individuals felt that this was often enough to speak with staff about their needs and what they wanted to work on (CII Q3). Three individuals responded that they had not talked with staff in the past 12 months about their needs and goals, and three individuals reported that they did talk with staff in the past 12 months about their needs and goals, but did not do so often enough.
- Nineteen individuals responded staff actively work with them on their goals (CII Q5).
- Fifteen of 22 individuals indicated they were able to effectuate change to their treatment plans (CII Q8). Eighteen individuals had an understanding of how their treatment plan was able to help them (CII Q9).
- Five individuals stated there were people they wished had been involved in their treatment planning who were not (CII Q7). These people included significant others, children, psychiatry staff, and a lawyer.
- The clinical record contained documentation of 19 individuals having signed their most recent ISP/treatment plan (CRR Q12); 20 ISP/treatment plans included the individuals' strengths (CRR Q13); and all 22 ISP/treatment plans were written in plain language (CRR Q14).
- Sixteen of 22 individuals indicated they were involved in their treatment planning and goal setting (CII Q6).
- Overall, no individuals reviewed were observed to need additional services that were not identified in their assessments or in their treatment plan (OCR Q3).

### Quality Indicator 3: Adequacy of Individual Service Delivery

Quality Indicator 3 corresponds to CMHA sections VII.D.1, V.D.2.b, and V.D.2.c. Adequate and appropriate services incorporate the individual’s strengths and are delivered with the intensity, frequency, and duration needed to meet his/her needs and achieve his/her goals. Services are considered adequate when, as a result of the services provided, the individual makes demonstrated progress toward achieving his/her treatment goals and desired outcomes, the services are delivered in accordance with the treatment plan, and prescribed services are revised as needed to meet the changing needs and goals of the individual.

Twenty-two individuals were scored for Quality Indicator 3. CP received a score of 93%. Quality Indicator 3 consists of Measures 3a-3f. Individuals were scored as follows:

	YES	NO
<b>Measure 3a:</b> Services are delivered with the appropriate intensity, frequency, and duration	18	4
<b>Measure 3b:</b> Service delivery is flexible to meet individual’s changing needs and goals	19	3
<b>Measure 3c:</b> Services are delivered in accordance with the service provision(s) on the treatment plan	20	2
<b>Measure 3d (OCR Q1):</b> Frequency and intensity of services are consistent with individual’s demonstrated need	22	0
<b>Measure 3e (OCR Q3):</b> Assessments and treatment plans have adequately identified service needs, and no further services are needed	22	0
<b>Measure 3f (OCR Q5):</b> Services and supports ensure health, safety, and welfare	22	0

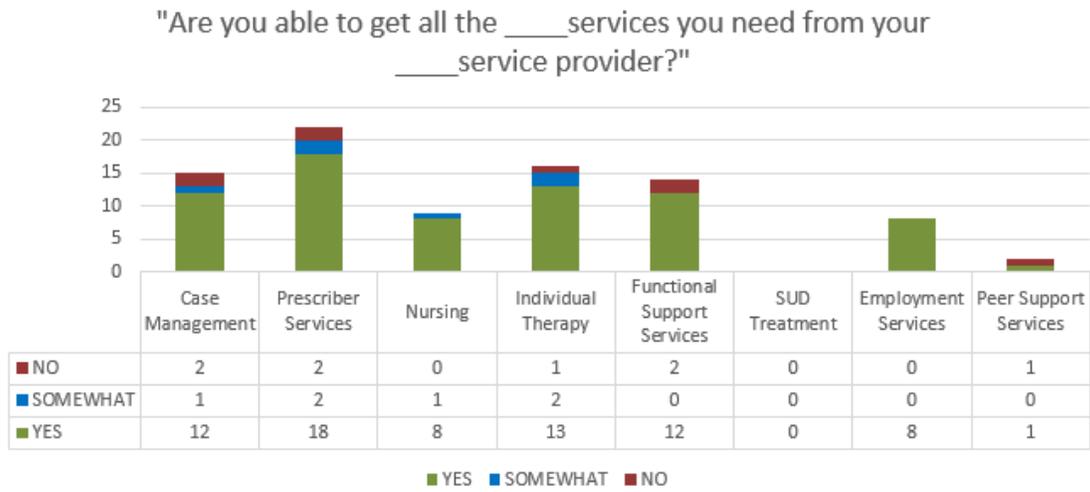
### Additional Results

- Seventeen individuals responded they are able to get all the services and supports they need to meet their current needs and achieve their goals; three individuals responded they are “somewhat” able to get all the services and supports they need to meet their current needs and achieve their goals; two individuals responded that they are unable to get all the services and supports they need to meet their current needs and achieve their goals (CII Q19). Of the five individuals who responded “somewhat” or that they were unable to get all the services and supports needed, all five individuals identified specific service/support areas that they needed more help with from CP, such as meeting with a nurse to discuss side effects of

prescribed medication, more frequent therapy, additional case management, services to help in getting to appointments, organizing, and budgeting (CII Q20).

- Staff acknowledged there were one or more services that three of the 22 individuals were not receiving at the frequency prescribed on their treatment plan (SII Q5). Of those three individuals, staff indicated that none of those individuals were declining one or more of the services (SII Q6). Explanations for why two of the three individuals were not receiving services was appropriate (SII Q6). Staff reported that one individual was double booking him/herself for appointments; for the second individual, services were being introduced in a particular order for greatest benefit to the client. The third individual, however, was not receiving clinically indicated services due to the individual not being able to afford the services; it was reported that the services were not covered by insurance and the individual had received a substantial bill for received services.
- Documentation in the clinical records indicated that five of the 22 individuals were receiving 70% or more of their services at the frequency prescribed on their treatment plans (CRR Q11). Seventeen individuals were not. Staff provided appropriate reasons for why one or more services were not provided at the frequency prescribed for 16 of the individuals (SII Q7). Additionally, four individuals were reported to be declining one or more of their services.
- Overall, it was determined that all individuals reviewed were receiving services at a frequency and intensity consistent with their demonstrated needs (OCR Q1).
- Overall, no individuals reviewed were observed to have a need for additional services that had not already been identified in assessments or treatment plans (OCR Q3).
- Overall, all individuals reviewed were observed to be receiving all of their needed services to ensure health, safety, and welfare (OCR Q5).
- Individuals were asked if they were able to get all the supports and services they needed from specific staff roles, based upon which services were prescribed on their treatment plan or in which they were interested (CII Q11, CII Q12, CII Q13, CII Q14, CII Q15, CII Q61, CII Q108) (See Figure 1).

**Figure 1: Ability to Get All the Supports and Services Needed**



## HOUSING SERVICES AND SUPPORTS

The lack of safe and affordable housing is one of the most powerful barriers to recovery. When this basic need is not met, individuals cycle in and out of homelessness, jails, shelters and hospitals. Having a safe, appropriate place to live can provide individuals with the stability they need to achieve their goals. The U.S. Department of Justice (DOJ) interprets the Americans with Disabilities Act’s anti-discriminatory provision as follows: “A public entity shall administer services, programs and activities in the most integrated setting appropriate to the needs of qualified individuals with disabilities,” meaning “a setting that enables individuals with disabilities to interact with non-disabled persons to the fullest extent possible.”<sup>2</sup>

An individual receives appropriate and adequate housing services when his/her housing needs are adequately assessed, services are incorporated into treatment planning as needed, and interventions support the individual’s ability to live with stability and autonomy in the least restrictive environment. Adequate housing services and supports assist the individual with acquiring, retaining, and maintaining the skills necessary to reside successfully in permanent community-based settings.

### Quality Indicator 4: Adequacy of Housing Assessment

Quality Indicator 4 corresponds to CMHA section VII.D.1. Assessment in the area of housing and housing supports provides information to treatment planning team members that helps them accurately identify the individual’s housing needs and the range and level of supports needed to

acquire and maintain appropriate and adequate housing. Adequate housing assessment identifies the specific and most recent housing needs of the individual.

Twenty-two individuals were scored for Quality Indicator 4. CP received a score of 95%. Quality Indicator 4 consists of Measure 4a. Individuals were scored as follows:

	YES	NO
<b>Measure 4a:</b> Individual housing needs are adequately identified	21	1

### **Additional Results**

- Both the ANSA and case management assessments supported that individuals’ housing needs were routinely assessed. ANSAs were found for all 22 individuals (CRR Q4), and case management assessments were found for 15 of the 22 individuals (CRR Q1). Explanation by staff regarding missing case management *assessments* were that the individuals did not have case management assessments completed if case management services were not prescribed on the treatment plan (CRR Q1). Collectively, 21 of 22 individuals were assessed for housing needs by one or both of these means (CRR Q19, CRR Q20).
- Eighteen individuals reviewed had housing needs identified in either the ANSA or the case management assessment (CRR Q21)

### **Quality Indicator 5: Appropriateness of Housing Treatment Planning**

Quality Indicator 5 corresponds to CMHA section V.E.1.a. Housing treatment planning is appropriate when treatment plans include housing services and supports that are customized to meet the individual’s identified needs and goals, and revised when there is a change in the individual's needs and/or preferences.

Twenty-two individuals were scored for Quality Indicator 5. CP received a score of 86%. Quality Indicator 5 consists of Measure 5a. Individuals were scored as follows:

	YES	NO
<b>Measure 5a:</b> Treatment Plans are appropriately customized to meet individual’s housing needs and goals	19	3

### **Additional Results**

- Eighteen of 22 individuals had housing needs identified in either the ANSA or the case management assessment (CRR Q21). Of those 18 individuals, 16 had housing related goals or objectives on their treatment plan and/or case management plan (CRR Q23, CRR Q24); fifteen individuals had housing goals in alignment with their assessed housing needs (CRR Q28).
- CP was observed to consistently write case management housing plans and treatment plan goals and objectives in ways that were specific to the housing related needs of the individuals (CRR Q25).

### **Quality Indicator 6: Adequacy of Individual Housing Service Delivery**

Quality Indicator 6 corresponds to CMHA section IV.B, V.E.1.a, and VII.D.1, 4. Housing service delivery is adequate when housing support services are provided with the intensity, frequency, and duration needed to meet the individual’s changing needs and achieve his/her housing goals.

Twenty-two individuals were scored for Quality Indicator 6. CP received a score of 92%. Quality Indicator 6 consists of Measure 6a, Measure 6b, and Measure 6c. Individuals were scored as follows:

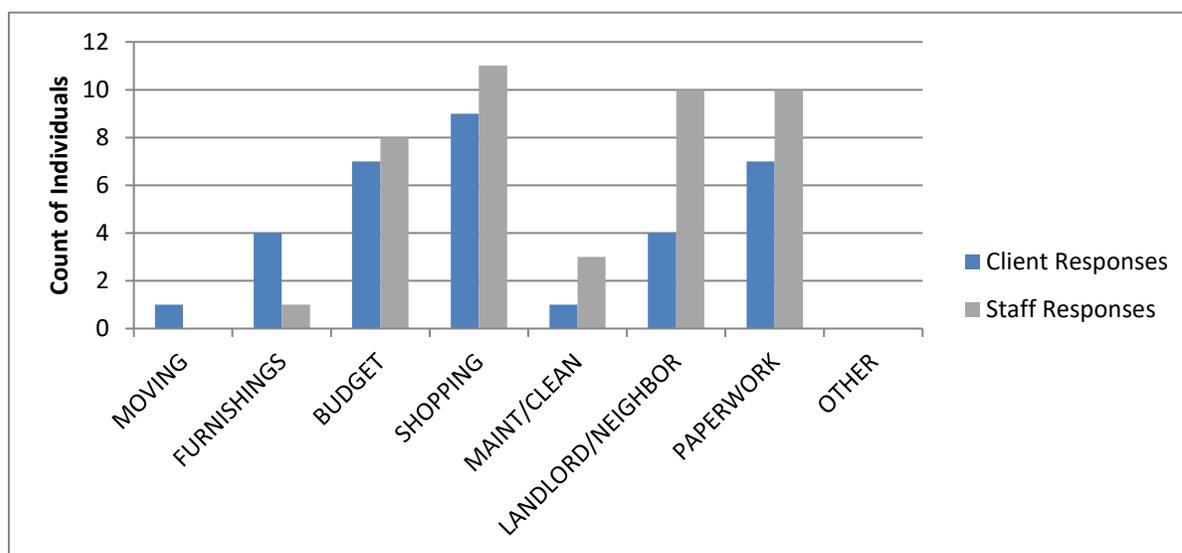
	<b>YES</b>	<b>NO</b>
<b>Measure 6a:</b> Housing support services are provided to with appropriate intensity, frequency, and duration to meet individual’s changing needs and goals	20	2
<b>Measure 6b:</b> Housing supports and services are provided at the intensity, frequency, and duration as seen necessary by the individual	19	3
<b>Measure 6c: (OCR Q9):</b> Services are adequate to obtain and maintain stable housing	22	0

### **Additional Results**

- Sixteen of the 18 individuals with housing goals or objectives on their treatment plan and/or case management plan (CRR Q23, CRR Q24) were receiving housing related services (CRR Q26). Of those 16, 15 individuals were receiving housing services that were in alignment with their housing goals (CRR Q28).

- Comments from individuals regarding what else is needed to reach their housing goals included more information about what options and resources are available as well as help finding a new place to live (CII Q45).
- Overall, 22 individuals were observed to be receiving services adequate to obtain and maintain stable housing (OCR Q9).
- The most common housing services received by individuals were help with shopping and budgeting as well as help with housing related paperwork and landlord/neighbor relationships (SII Q30, CII Q42) (see Figure 2).

**Figure 2: Most Common Housing Services and Supports Received**



### Quality Indicator 7: Effectiveness of Housing Service Delivery

Quality Indicator 7 corresponds to CMHA section VII.A. Housing services are effective when the services and supports provided to the individual enable him/her to make progress toward and achieve his/her identified housing goals; enable him/her to be involved in selecting his/her housing; and enable him/her to maintain safe and stable housing.

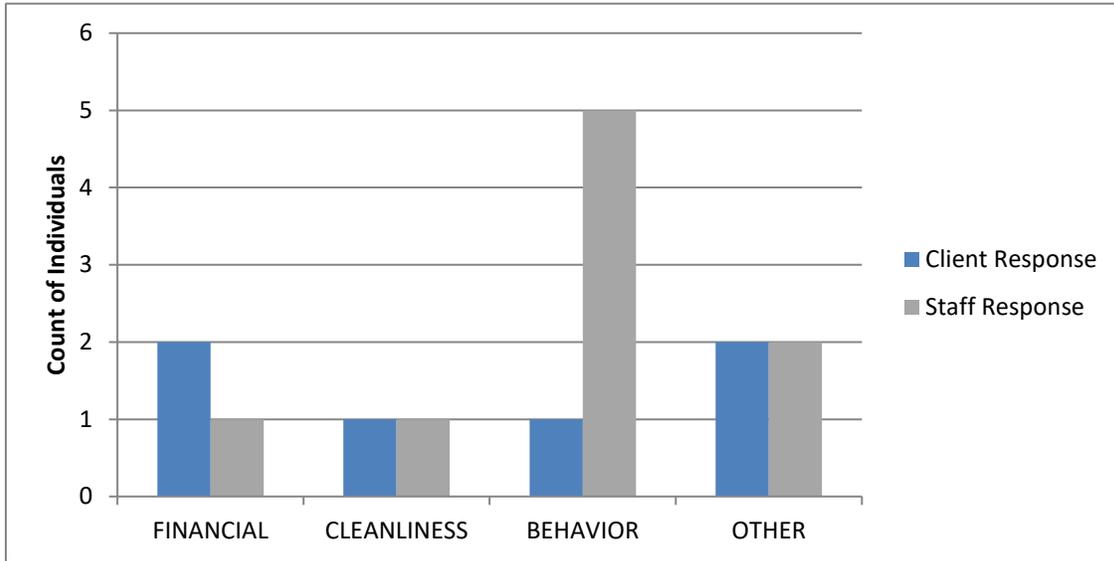
Twenty-two individuals were scored for Quality Indicator 7. CP received a score of 86%. Quality Indicator 7 consists of Measures 7a-7e. Of the 22 individuals interviewed, 12 individuals were considered not applicable for Measure 7d because they did not move nor had interest in moving during the period under review. Individuals were scored as follows:

	YES	NO
<b>Measure 7a:</b> Housing supports and services enable individual to meet/progress towards identified housing goals	18	4
<b>Measure 7b:</b> Housing supports and services enable individual to maintain safe housing	19	3
<b>Measure 7c:</b> Housing supports and services enable individual to maintain stable housing	19	3
<b>Measure 7d:</b> Housing supports and services enable individual to be involved in selecting housing	5	5
<b>Measure 7e (OCR Q9):</b> Services are adequate to obtain and maintain stable housing	22	0

**Additional Results**

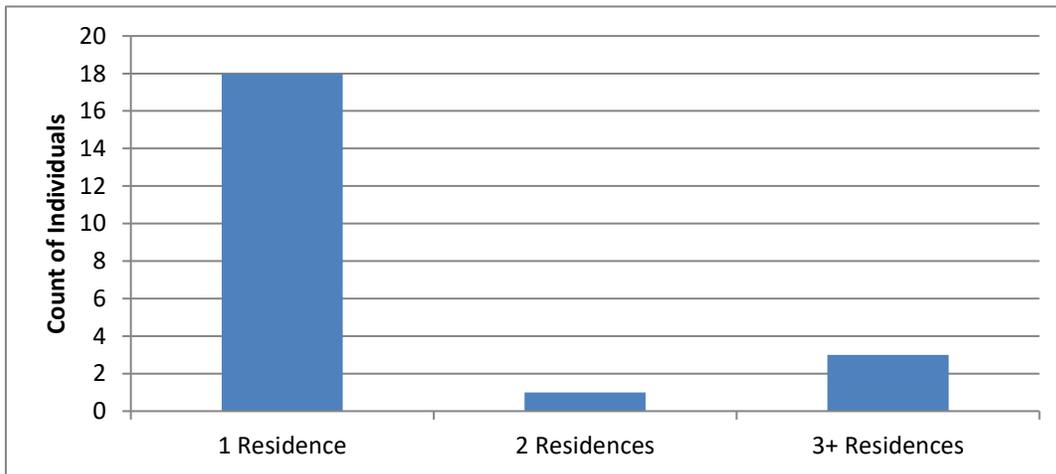
- Five individuals responded they had a safety concern related to their home or neighborhood in the past 12 months (CII Q29). Staff responded being aware of a safety concern related to housing for three of the five individuals who self-identified safety concerns as well as two additional individuals (SII Q22). Three individuals and one staff identified the safety concerns as being current (CII Q30, SII Q23). The most common reasons for the safety concerns were fear for personal/physical safety, unlocked doors, break-ins, as well as some concerns identified as related to the individuals’ delusions and/or paranoia.
- Eighteen individuals are living in independent private residences, one individual is living in a dependent private residence, two individuals are living in residential care, and one individual is homeless (CII Q27, SII Q20).
- Two individuals responded they were homeless at some point in the past 12 months; one individual reported being homeless at the time of the interview (CII Q33).
- A total of eight unduplicated individuals were at risk of losing housing in the past 12 months per individual and staff responses (CII Q31, SII Q24). The most common reasons mentioned were due to behavioral issues (CII Q32, SII Q25) (see Figure 3).

**Figure 3: Reasons for Being at Risk of Losing Housing in the Past 12 Months**



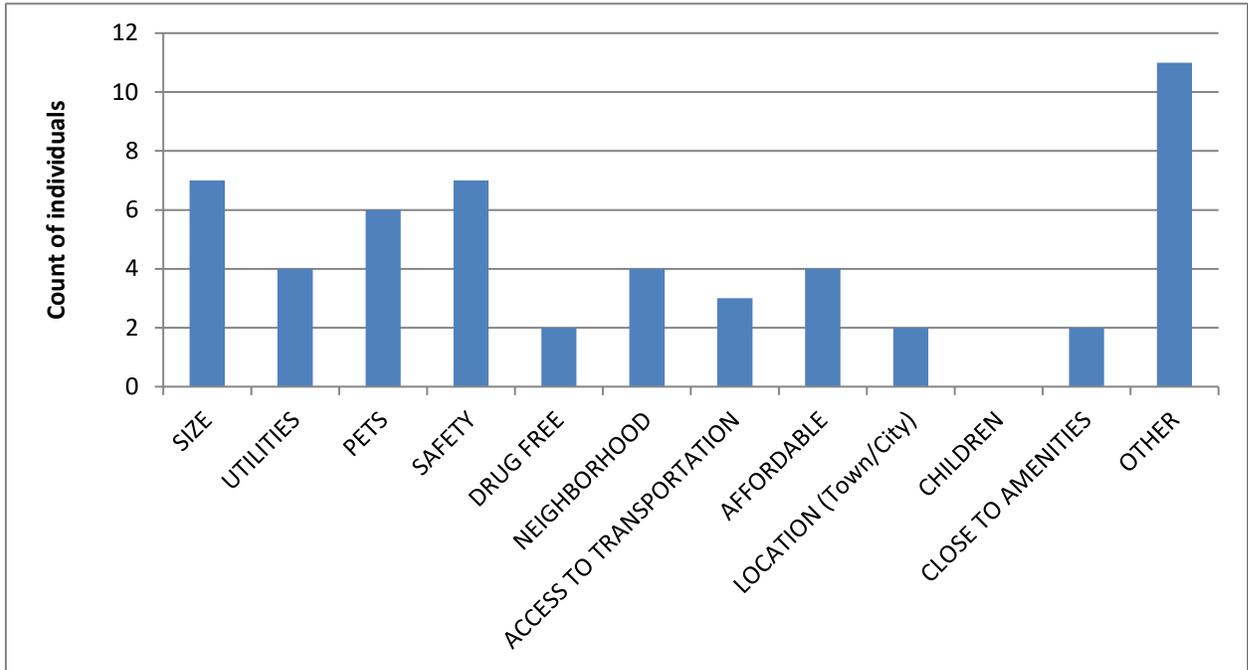
- Eighteen individuals had lived in the same residence for the past year or more (CII Q34) (see Figure 4).

**Figure 4: Places Lived in the Past Year**



- The most common responses made by individuals regarding the factors most important to them when choosing a place to live were size, safety, and being allowed to have pets (CII Q40). Some of the more specific reasons given that were categorized as “other” were privacy, a good environment, first floor unit, a place with mobility accommodations, onsite laundry, and a place that is quiet and clean (see Figure 5).

**Figure 5: Preferences When Choosing Where to Live**



- Overall, it was determined that all 22 individuals were receiving services adequate to obtain and maintain stable housing (OCR Q9).

### **EMPLOYMENT SERVICES AND SUPPORTS**

Employment is a social determinant of health and increases health, wellbeing and community integration. Employment support services are designed to help an individual find and maintain competitive work in integrated settings. Supported employment, an evidence-based practice, is shown to be effective in helping individuals live independently in the community.

An individual receives appropriate and adequate employment services when he/she has been screened to determine his/her employment needs and interests, employment goals are identified and incorporated into the treatment plan, and employment services and supports are provided in a manner that helps him/her make progress toward and achieve his/her employment goals.

### **Quality Indicator 8: Adequacy of Employment Assessment/Screening**

Quality Indicator 8 corresponds to CMHA section VII.D.1. An employment assessment/screening provides information to the treatment planning team that helps them identify the individual’s interests, readiness, preferences, and needs regarding acquiring and/or maintaining employment, and determine the range and level of services and supports needed to

achieve the individual’s employment goals. An adequate employment assessment/screening is comprehensive and identifies the specific and most recent employment needs and preferences of the individual.

Twenty-two individuals were scored for Quality Indicator 8. CP received a score of 64%. Quality Indicator 8 consists of Measure 8a and Measure 8b. Of the 22 individuals interviewed, 18 individuals were considered not applicable for Measure 8b because they were not receiving supported employment services. Measure 8b is applicable only if individuals were enrolled in Supported Employment during the period under review (CRR Q29). Individuals were scored as follows:

	YES	NO
<b>Measure 8a:</b> Individual employment needs are adequately identified	14	8
<b>Measure 8b:</b> Individual received a comprehensive assessment of employment needs and preferences when applicable	3	1

**Additional Results**

- Eight individuals responded they had not been asked by CP staff in the past 12 months about their employment goals or interests (CII Q52).
- There was evidence in the clinical record that all 22 individuals had been assessed/screened for employment needs (CRR Q30, CRR Q31).
- Of the eight individuals stating they were interested in receiving help with finding or keeping a job in the past 12 months (CII Q53), one individual did not have employment needs identified in either the ANSA or the case management assessment (CRR Q32).
- Of the four individuals who were enrolled in supported employment during the period under review (CRR Q29), three individuals had a completed comprehensive employment assessment (vocational profile) (CRR Q37). Of the three employment assessments (vocational profiles) completed, all three included the individual’s employment strengths (CRR Q38).

### Quality Indicator 9: Appropriateness of Employment Treatment Planning

Quality Indicator 9 corresponds to CMHA section V.F.1. Employment treatment planning is appropriate when employment services and supports are customized to meet the individual's identified needs and goals, and revised when there is a change in the individual's needs and/or preferences.

Eight individuals were scored for Quality Indicator 9. CP received a score of 100%. Quality Indicator 9 consists of Measure 9a. Of the 22 individuals interviewed, 14 individuals were considered not applicable for Measure 9a because they reported they were not interested in employment or receiving employment support services (CII Q53). Individuals were scored as follows:

	YES	NO
<b>Measure 9a:</b> Treatment plans are appropriately customized to meet individual's changing employment needs and goals	8	0

### Additional Results

- Eight individuals responded they were interested in receiving help with finding or keeping a job in the past 12 months (CII Q53), all eight individuals described being interested in help and services that would be provided by CP (CII Q54); seven staff were aware of this interest (SII Q42). All eight individuals who expressed interest in receiving help with finding or keeping a job had employment-related goals or plans, as evidenced by their treatment plans and/or case management plans (CRR Q34, CRR Q35).
- In total, 11 individuals had employment related goals or plans, regardless of expressed interest (CRR Q34, CRR Q35), and these goals or plans were all in alignment with assessed needs (CRR Q41).
- One of 22 individuals had Supported Employment listed as a prescribed service on his/her treatment plan (CRR Q11) and this individual was enrolled in SE during the past 12 months (CRR Q29). Three additional individuals had also been enrolled in SE during the past 12 months (CRR Q29). Of the four individuals in total who had been enrolled in SE during the period under review, one individual expressed that he/she was not interested in receiving help in finding or maintaining a job, and had not been interested in the past 12 months (CII Q53). There was a low number of individuals with SE prescribed on their treatment plans, however,

this may be in part due to CP not having an SE specialist for a period of time during the period under review. CP just recently filled this position.

- Seven individuals reported that their employment related needs or goals had changed at some point during the past 12 months (CII Q58). Of the six individuals who reported discussing these changes with CP staff (CII Q59), four individuals felt that CP staff had helped them with their changed employment needs or goals (CII Q60).

**Quality Indicator 10: Adequacy of Individualized Employment Service Delivery**

Quality Indicator 10 corresponds to CMHA section IV.B, V.F.1, VII.B.1, 4, and VII.D.4.

Employment service delivery is adequate when employment supports and services are provided with the intensity, frequency, and duration needed to meet the individual’s changing needs and achieve his/her identified employment goals.

Eleven individuals were scored for Quality Indicator 10. CP received a score of 91%. Quality Indicator 10 consists of Measure 10a and Measure 10b. Individuals were scored for the indicator if at least one of the two measures applied to them. Of the 22 individuals interviewed, 14 individuals were considered not applicable for Measure 10a because they reported not being interested in employment or were not receiving employment support services during the period under review (CII Q53, CRR Q29). Of the 22 individuals interviewed, 11 individuals were considered not applicable for Measure 10b because they did not have employment goals (CRR Q34, CRR Q35). Accordingly, the additional results below are based upon the number of individuals the data points apply to, respectively. Individuals were scored as follows:

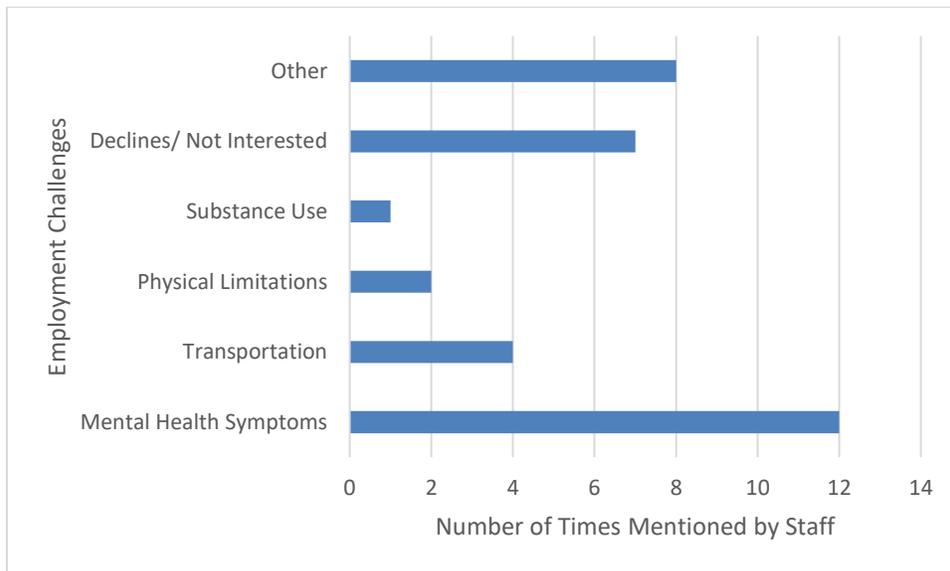
	YES	NO
<b>Measure 10a:</b> Service delivery is provided with the intensity, frequency, and duration needed to meet individual’s changing employment needs	8	0
<b>Measure 10b:</b> Services and supports are meeting individual’s employment goals	10	1

**Additional Results**

- One of 22 individuals had supported employment prescribed on his/her treatment plan, and that individual was receiving services at the frequency prescribed on his/her treatment plan (CRR Q11).

- No individual responded that he/she needed additional employment related services from CP (CII Q61), and no individual responded that he/she was not getting employment supports and services *as often* as he/she felt was needed (CII Q62). Individuals are asked if they have enough support to achieve their employment goals. All individuals felt that they did (CII Q63). Types of employment services provided included meeting with vocational rehabilitation, social skills development, discussion of work benefits, discussion of employment barriers, supporting individuals with applying for jobs, offering encouragement, and assessing employment needs and goals (CRR Q40).
- Six individuals reported being employed (CII Q47); of those individuals, five individuals reported having a competitive job and one individual reported having a non-competitive job (CII Q48), two individuals work full-time and four individuals work part-time (CII Q49), and three individuals responded they are interested in working more hours (CII Q51). For the purposes of this report, 20 hours or more is considered full-time, and less than 20 hours is considered part-time.
- For the 17 individuals who had employment needs identified in the ANSA or case management assessment (CRR Q32) and/or had employment goals prescribed on the treatment plan or identified in the case management plan (CRR Q34, CRR Q35), 15 individuals received employment services and supports that were in alignment with their employment needs or goals (CRR Q41).
- Responses from staff about challenges individuals face in finding and maintaining employment included lack of transportation, difficulty managing emotional or psychiatric symptoms, lack of interest or unidentified interests, and limited interpersonal skills (SII Q46) (see Figure 6).

**Figure 6: Employment Challenges Faced by Individual**



- Staff identified 10 individuals as having received employment-related services in the past 12 months (SII Q50). For all 10 individuals, the provided services identified by staff were in alignment with the individuals’ treatment plan goals (SII Q51). For six of the 10 individuals, staff responded that the services were helping the individuals’ progress towards their employment goals (SII Q52).
- Examples of successes and progress for individuals receiving supported employment or other employment related services included applying for courses and becoming employed (SII Q52).
- Eleven of the 22 individuals interviewed responded that someone had explained to them how employment may or may not affect their financial benefits (CII Q64). Staff reported that this topic had been discussed with seven of the individuals interviewed (SII Q41).
- CP offers supported employment services out of their offices in Dover and Rochester. A Supported Employment Fidelity review was completed at CP in October 2019. CP scored a 75 out of a possible 125 points, which brings them into the Fair Fidelity category range of a score between 74-99.

## **COMMUNITY INTEGRATION, CHOICE AND SOCIAL SUPPORTS**

Social networks and community relationships are key contributors to recovery. Studies have shown that individuals with a greater diversity of relationships and/or involvement in a broad

range of social activities have healthier lives and live longer than those who lack such supports. Typically, people with mental illness may have social networks half the size of the networks among the general population. Perceptions of adequate social support are associated with several psychological benefits, including increased self-esteem, feelings of empowerment, functioning, quality of life, and recovery, while the absence of social support appears related to greater psychiatric symptoms, poorer perceptions of overall health, and reduced potential for full community integration.

**Quality Indicator 11: Adequacy of Assessment of Social and Community Integration Needs**

Quality Indicator 11 corresponds to CMHA section VII.D.1. An assessment of the individual’s social and community integration needs provides information to treatment planning team members that helps them determine whether the individual is integrated into his/her community and has choice, increased independence, and adequate social supports.

Twenty-two individuals were scored for Quality Indicator 11. CP received a score of 98%.

Quality Indicator 11 consists of Measure 11a and Measure 11b. Individuals were scored as follows:

	YES	NO
<b>Measure 11a:</b> Assessment identifies individual’s related social and community integration needs and preferences	21	1
<b>Measure 11b:</b> Assessment identifies individual’s related social and community integration strengths	22	0

**Additional Results**

- The ANSA includes several domains related to social and community integration needs and strengths. All of these related areas of the ANSA were completed for 20 of 22 individual(s) (CRR Q43, CRR Q44). Two individuals had one or more areas of the needs sections which were incomplete. Fifteen of 22 individuals had the social/family areas of the case management assessment completed (CRR Q42). Collectively, 21 of 22 individuals had an assessment of their social support and community integration needs completed. Twenty-one of 22 individuals had all ANSA strength areas related to social supports and community integration completed (CRR Q44). One individual did not. However, assessment of these strengths for this individual was found elsewhere in the clinical record (CRR Q45).

**Quality Indicator 12: Adequacy of Integration within the Community, Choice, Independence, and Social Supports**

Quality Indicator 12 corresponds to CMHA section IV.B, IV.C, VII.A, and VII.D.4. An individual is determined to have been integrated into his/her community and to have choice, increased independence, and adequate social supports when he/she has flexible services and supports to acquire and maintain his/her personal, social, and vocational competency in order to live successfully in the community.

Twenty-two individuals were scored for Quality Indicator 12. CP received a score of 74%. Quality Indicator 12 consists of Measures 12a-12m. Ten individuals did not have an inpatient psychiatric admission during the period under review and therefore were not applicable for Measure 12c. Three individuals did not have identified needs related to social supports and community integration and therefore were not applicable for Measure 12j. Individuals were scored as follows:

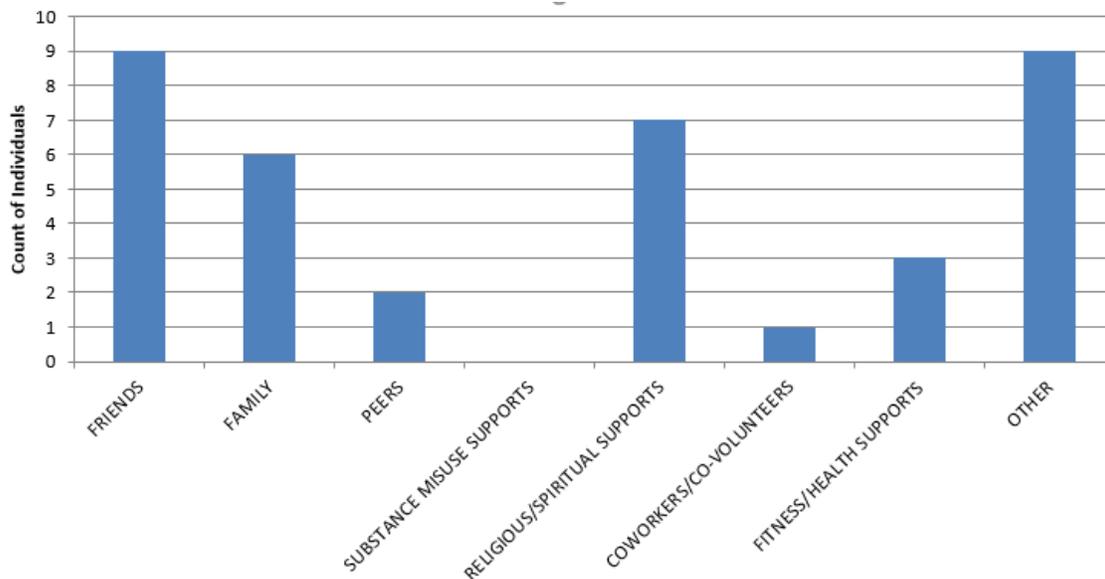
	YES	NO
<b>Measure 12a:</b> Individual is competitively employed	5	17
<b>Measure 12b:</b> Individual lives in an independent residence	17	5
<b>Measure 12c:</b> Individual (re)starts communication with natural support upon discharge from an inpatient psychiatric facility	11	1
<b>Measure 12d:</b> Individual is integrated in his/her community	14	8
<b>Measure 12e:</b> Individual has choice in housing	13	9
<b>Measure 12f:</b> Individual has choice in his/her treatment planning, goals and services	16	6
<b>Measure 12g:</b> Individual has the ability to manage his/her own schedule/time	20	2
<b>Measure 12h:</b> Individual spends time with peers and /or family	18	4
<b>Measure 12i:</b> Individual feels supported by those around him/her	17	5
<b>Measure 12j:</b> Efforts have been made to strengthen social supports if needed	4	15
<b>Measure 12k (OCR Q7):</b> Services are adequate to provide reasonable opportunities to support the individual to achieve increased independence and integration into the community	21	1

<b>Measure 12l (OCR Q11):</b> Services are adequate to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization	22	0
<b>Measure 12m (OCR Q13):</b> Services are adequate to live in the most integrated setting	22	0

**Additional Results**

- Seventeen individuals responded they feel a part of their community (CII Q104). Staff reported that 18 of 22 individuals were integrated into their community (SII Q63). Eighteen of 22 individuals were able to identify at least one natural support with whom they spend time, with friends and religious or spiritual supports being the most frequently mentioned supports (CII Q98). Of the five individuals who were competitively employed (CII Q48), one individual identified spending time with people from work to support his/her recovery (CII Q98). Individuals also mentioned a variety of other activities related to how they spend time with others, such as bingo, art class, going to the library, and walking around their housing complex (see Figure 7).

**Figure 7: Identified Natural Supports**



- Seven individuals did not feel that they had an adequate support system (CII Q101); two of the seven individuals felt that CP was helping them to improve their support systems (CII Q102). The two individuals identified CP providing help in areas such as adding group therapy to their treatment plan and keeping everyone involved (CII Q103).

- One of 22 individuals was unable to identify anyone, aside from CP staff, that he/she could go to for support (CII Q96). Four individuals were unable to identify people in their lives who help support them with their treatment and mental health recovery (CII Q99). Four individuals did not feel that family, friends, and/or community give them enough support with their treatment and mental health recovery; five individuals reported that family, friends, and/or community “somewhat” supported them with their treatment and mental health recovery (CII Q100).
- Thirteen of 22 individuals reported that they had been given information about services and supports available to them in the community (CII Q105).
- Sixteen of 22 individuals indicated they were involved in their treatment planning and goal setting; six individuals reported they were not involved or that they were not sure if they were involved (CII Q6).
- Individuals are asked about peer related services they are aware of or may have utilized during the past year. Two individuals reported utilizing peer specialist services at CP (CII Q107). Ten individuals were aware of peer support agencies (CII Q109), and seven individuals had accessed the peer support agencies in the past year (CII Q110). Staff reported that six individuals had not been informed about peer support agencies, and staff was not sure if an additional seven individuals had been informed (SII Q67).
- When asked if they had anything additional to share regarding their support systems, two individuals shared how the stigma around mental health has impacted them. Another individual shared his/her thoughts regarding the local peer support center and how it used to be more beneficial, but more recently has been occupied with a greater number of homeless drug addicts, making it feel like a less helpful resource to those with mental illness and a less safe place to go for support (CII Q112).
- Nineteen individuals had identified needs related to social support and community integration in the ANSA or case management assessments (CRR Q46). Twelve individuals had these needs addressed with goals in their treatment or care plans (CRR Q48, CRR Q49). Despite the lack of goals in this area for several individuals, there was evidence of related services being provided for 18 individuals which were in alignment with the identified needs (CRR Q50, CRR Q52).

- Eleven of 12 individuals reported that they restarted communication with their natural support system following their discharge from an inpatient psychiatric admission (CII Q94).
- Individuals are asked several questions related to their independence and their ability to be involved in having choice and making decisions regarding their housing. For those who had moved in the past 12 months, three of four individuals reported they did not have an opportunity to discuss their housing preferences with staff before moving (CII Q35), and two of four individuals were unable to see their current housing before moving (CII Q36). For those who were currently looking for a different place to live, three of five individuals had not had an opportunity to discuss their current housing preferences (CII Q38), but no individual felt that he/she would not have an opportunity to see potential housing options prior to moving (CII Q39). Eighteen of 22 individuals reported that their current housing had most of the things that are important to them in housing (CII Q41).
- Overall, one individual reviewed was observed to need additional services to support him/her achieving increased independence and integration into the community (OCR Q7). This individual had a need for additional functional support services and/or peer support services to assist with tendencies to isolate and lack of insight into illness (OCR Q8).
- Overall, no individuals reviewed were observed as needing additional services to avoid harms and decrease the incidence of unnecessary hospital contacts (OCR Q11).
- Overall, all individuals reviewed were observed to be receiving the services necessary to live in the most integrated setting (OCR Q13). Eighteen individuals reviewed reported living in independent residences (CII Q27, SII Q20).

## **CRISIS SERVICES AND SUPPORTS**

Crises have a profound impact on persons living with severe mental illness<sup>3</sup>. A crisis is any situation in which a person's behaviors puts them at risk of hurting themselves or others and/or when they are not able to resolve the situation with the skills and resources available. Mental health crises may include intense feelings of personal distress, obvious changes in functioning, or disruptive life events such as disruption of personal relationships, support systems, or living arrangements. It is difficult to predict when a crisis will happen. While there are triggers and signs, a crisis can occur without warning. It can occur even when a person has followed his/her treatment or crisis plan and used techniques they learned from mental health professionals.

Availability of comprehensive and timely crisis services can serve to decrease the utilization of emergency departments, decrease involvement in the criminal justice system, and increase community tenure. Appropriate crisis services and supports are timely, provided in the least restrictive environment, strengths-based, and promote engagement with formal and informal natural supports.

**Quality Indicator 13: Adequacy of Crisis Assessment**

Quality Indicator 13 corresponds to CMHA section V.C.1. A crisis assessment/screening is adequate if the assessment was conducted in a timely manner and identifies individual risks, protective factors, and coping skills/interventions.

Six individuals were scored for Quality Indicator 13. CP received a score of 75%. Quality Indicator 13 consists of Measure 13a, Measure 13b, Measure 13c, and Measure 13d. Of the 22 individuals interviewed, 16 individuals were considered not applicable for Indicator 13 because they did not use crisis services during the period under review or utilization of crisis services within the period under review was not endorsed by the client *and* the clinical record.

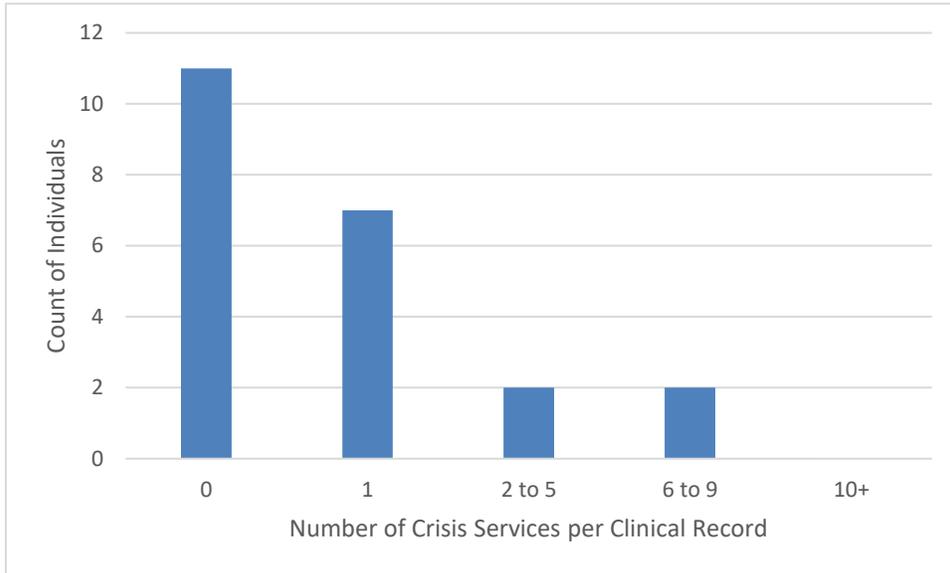
Specifically, 11 clinical records had documentation of crisis services being provided (CRR Q55) and seven individuals endorsed receiving crisis services (CII Q69). When documentation and endorsements were analyzed in the CII and CRR, six individuals could be scored. Some of the additional results below include data from individuals who were not scored, and are offered to provide CP with more helpful information. Individuals were scored as follows:

	YES	NO
<b>Measure 13a:</b> Crisis assessment was timely	5	1
<b>Measure 13b:</b> Risk was assessed during crisis assessment	5	1
<b>Measure 13c:</b> Protective factors were assessed during crisis assessment	4	2
<b>Measure 13d:</b> Coping skills/interventions were identified during crisis assessment	4	2

**Additional Results**

- Documentation in the clinical record indicated that no individuals received 10 or more crisis services in the period under review, and 11 individuals had not utilized crisis services at all (CRR Q56) (see Figure 8).

**Figure 8:** Crisis Services Received by all 22 Individuals in Period Under Review



- Six of the seven individuals who endorsed receiving crisis services responded that during a crisis they were “always” or “most of the time” able to get help quickly enough from CP; one individual responded that he/she was “never” able to get help quickly enough (CII Q75).
- Documentation of risk assessment was found in 10 of 11 crisis notes reviewed (CRR Q57). Documentation that protective factors had been assessed was found in six of 11 crisis notes reviewed, documentation that coping skills had been assessed was found in two of 11 crisis notes reviewed (CRR Q57).
- Four of the seven individuals who endorsed receiving crisis services responded that CP staff helped them manage while experiencing a crisis (CII Q71).

**Quality Indicator 14: Appropriateness of Crisis Plans**

Quality Indicator 14 corresponds to CMHA section VII.D.1. An appropriate crisis plan is person-centered and enables the individual to know and understand how to navigate and cope during a crisis situation.

Twenty-two individuals were scored for Quality Indicator 14. CP received a score of 84%.

Quality Indicator 14 consists of Measure 14a and Measure 14b.

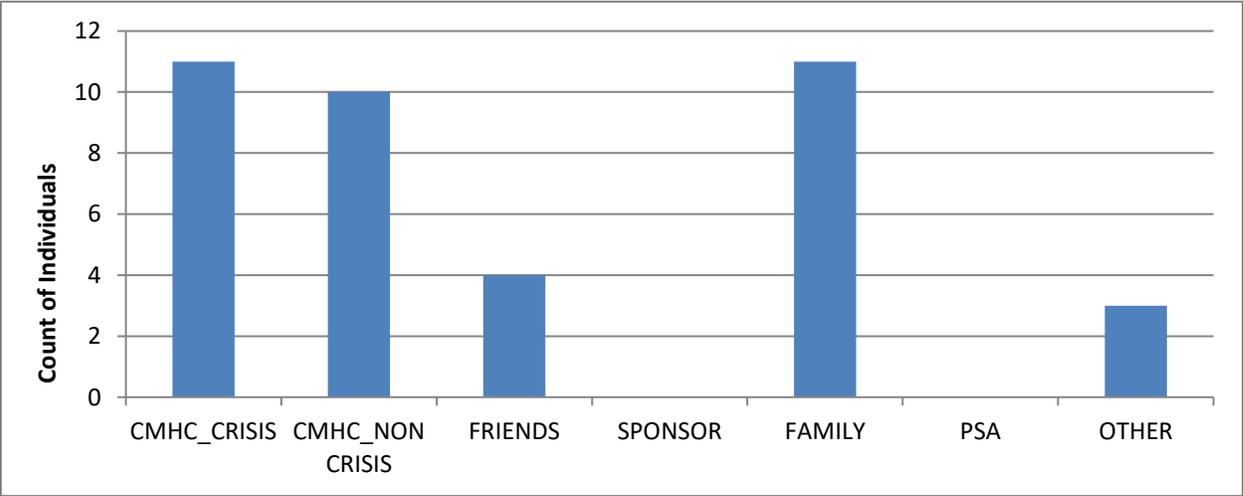
	YES	NO
<b>Measure 14a:</b> Individual has a crisis plan that is person-centered	18	4

<b>Measure 14b:</b> Individual has a knowledge and understanding of how to navigate and cope during a crisis situation	19	3
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**Additional Results**

- Four individuals did not have crisis plans in their clinical records; eighteen individuals did. For the 18 crisis plans that were available, all were specific to the individual (CRR Q53, CRR Q54).
- Individuals were asked an open-ended question, who they could call if having a mental health crisis. The most common response made by individuals was family and CMHC crisis/emergency staff, followed by non-crisis staff (CII Q66). The individuals categorized as “other” included a guardian, staff at the individual’s residence, and the hospital. Their responses were coded using the following categories (see Figure 9).

**Figure 9:** Who the Individual Could Call if Having a Mental Health Crisis



**Quality Indicator 15: Comprehensive and Effective Crisis Service Delivery**

Quality Indicator 15 corresponds to CMHA section V.D.2.f and V.C.1. Crisis service delivery is comprehensive and effective when communication with treatment providers during the crisis event was adequate, communication with the individual was adequate, crisis service delivery was sufficient to stabilize the individual as quickly as practicable, crisis interventions occurred at the site of the crisis, and the individual was assisted in returning to his/her pre-crisis level of functioning.

For an individual to be scored for Quality Indicator 15, documentation of the crisis services received by the individual during the period under review must be found in the clinical record and both the staff and the individual interviewed need to endorse that a crisis service was provided during that period.

Six individuals were scored for Quality Indicator 15. CP received a score of 75%. Quality Indicator 15 consists of Measures 15a-15e. Of the 22 individuals interviewed, 16 individuals were considered not applicable for Indicator 15 because they did not use crisis services during the period under review or utilization of crisis services within the period under review was not endorsed by the client, the staff, *and* the clinical record. Specifically, 11 clinical records had documentation of crisis services being provided (CRR Q55). Seven individuals endorsed receiving crisis services (CII Q69) and nine staff endorsed individuals having received crisis services (SII Q53). When documentation and endorsements were analyzed for the CII, SII, and CRR, six individuals could be scored. Some of the additional results included below include data from individuals who were not scored to provide CP with more helpful information. As CP does not have a mobile crisis team, all individuals were considered not applicable for Measure 15d. Individuals were scored as follows:

	YES	NO
<b>Measure 15a:</b> Communication with treatment providers during crisis episode was adequate	5	1
<b>Measure 15b:</b> Communication with individual during crisis episode was adequate	4	2
<b>Measure 15c:</b> Crisis service delivery is sufficient to stabilize individual as quickly as practicable	5	1
<b>Measure 15d:</b> Crisis interventions occur at site of the crisis (if applicable)	0	0
<b>Measure 15e:</b> Individual was assisted to return to his/her pre-crisis level of functioning	4	2

### **Additional Results**

- Responses from the individuals who endorsed receiving crisis services about how staff at CP helped them manage while experiencing a crisis included staff taking extra time to talk to them, listen to them, help them figure out what to do next, and following up after a hospital admission (CII Q71). Individuals who endorsed receiving crisis services were also asked what would have been more helpful, if anything, regarding the crisis services they received

(CII Q77). Responses included having someone help connect and refer them to appropriate resources and listen to them regarding their service and medication needs.

- Crisis services were typically provided by CP emergency services staff, even for those individuals receiving ACT (SII Q58).
- Eight of nine staff who endorsed individuals having received crisis services responded they received notification from a treatment provider (rather than directly from the individual, family, or friend) or were the direct provider of the crisis service themselves (SII Q56). Six of eight staff received notification within 24 hours (SII Q56); one staff could not address if notification was received within 24 hours as he/she was not part of the individual's treatment team at the time. All nine staff responded they received all of the information needed regarding the crisis episode (SII Q57).
- Of the seven individuals who endorsed receiving crisis services during the period under review, six individuals responded they felt supported by staff (CII Q72).
- Three of seven individuals who endorsed receiving crisis services during the period under review responded that staff "occasionally" or "never" explained things in a way that they understood during a crisis (CII Q73).
- Six of seven individuals who endorsed receiving crisis services during the period under review responded that they "always" or "most of the time" felt that they had been able to get all the crisis/emergency supports and services they needed (CII Q74).
- Six of seven individuals who endorsed receiving crisis services during the period under review responded that during a crisis they were "always" or "most of the time" able to get help quickly enough from CP (CII Q75).
- Of the 11 clinical records reviewed for crisis services, four records contained documentation that the individual remained in the home/community setting following the most recent crisis service (CRR Q57).
- Of the seven individuals who endorsed receiving crisis services during the period under review, two individuals responded the crisis services received "occasionally" or "never" helped them to feel like they did before the crisis (CII Q76).
- When asked about the steps taken to manage a psychiatric crisis (CII Q70), seven individuals had clearly defined coping skills that they have been able to successfully utilize. One or more

individuals responded that at times they call the police or they call CP, CP then calls the police, and they go to the hospital.

- Six of nine staff responded that the crisis services helped the individual return to his/her pre-crisis level of functioning; three said the services did not (SII Q59). All 11 crisis service notes reviewed included the plan for the individual following the crisis service (CRR Q57).
- When individuals were asked if they had anything additional to share regarding crisis services at CP, one or more individuals mentioned constructive aspects of the crisis services received (CII Q82).

“I like that the option is there if I can take it, and honestly, it helps a lot to know it’s there.”

“They tell you to call, but crisis doesn’t want to talk unless you are a danger to yourself or others. When you tell your staff, you get accused of not using your coping skills.”

“I just think that there should be a few more rewards for doing better; not just for people with illness, but people who work their whole lives should get rewards too.”

## **ACT SERVICES AND SUPPORTS**

ACT is characterized by a team approach, in vivo services, a shared caseload, flexible service delivery, and crisis management 24 hours a day, 7 days a week. Services are comprehensive and highly individualized and are modified as needed through an ongoing assessment and treatment planning process. Services vary in intensity based on the needs of the persons served. ACT has been identified as an effective model for providing community-based services for persons whose needs and goals have not been met through traditional office-based treatment and rehabilitation services.

As an evidence-based psychiatric rehabilitation practice, ACT provides a comprehensive approach to service delivery to consumers with SMI or SPMI. ACT uses a multi-disciplinary

team, which typically includes a psychiatrist, a nurse, and at least two case managers. ACT is characterized by: (1) low individual to staff ratios, (2) providing services in the community rather than in the office, (3) shared caseloads among team members, (4) 24-hour staff availability, (5) direct provision of all services by the team (rather than referring consumers to other agencies), and (6) time-unlimited services.

Direct comparisons to the ACT sample are not made within this report. Rather, data comparing individuals receiving ACT services to those not receiving ACT services is contained in Appendix 6: ACT vs. Non-ACT Indicator Scores.

**Quality Indicator 16: Adequacy of ACT Screening**

Quality Indicator 16 corresponds to CMHA section VII.D.1. Adequate ACT screening takes place at initiation of CMHC services, during quarterly treatment plan reviews, and upon discharge from emergency room and hospital-based psychiatric treatment. Adequate ACT screening of individuals for appropriateness of services results in timely enrollment of ACT services.

Twenty-two individuals were scored for Quality Indicator 16. CP received a score of 98%. Quality Indicator 16 consists of Measure 16a and Measure 16b. Individuals were scored as follows:

	YES	NO
<b>Measure 16a:</b> ACT screening was completed	21	1
<b>Measure 16b:</b> Individual receives ACT services when appropriate	22	0

**Additional Results**

- The majority of CP staff demonstrated sufficient knowledge regarding ACT criteria, the referral process at CP, and how ACT would or would not benefit the individuals based on their level of functioning, diagnosis, history of hospitalization, and other factors (SII Q10, SII Q12). Staff responded that if they had a client who they felt was appropriate for ACT, it would begin with a discussion with their supervisor or the treatment team.
- Twenty-one of 22 individuals had been screened for ACT (CPD Q16, CRR Q58).
- Of the 22 individuals reviewed, there were no individuals who met ACT criteria who were not on ACT (SII Q11, SII Q13). Eleven of 22 individuals were reported to meet ACT criteria

(SII Q11). There was one individual who was on ACT who staff explained no longer met ACT criteria, however the individual’s conditional discharge specifically requires that the individual remain on ACT (SII Q12).

**Quality Indicator 17: Implementation of ACT Services**

Quality Indicator 17 corresponds to CMHA section V.D.2.b and V.D.2.c. ACT service delivery is adequate when ACT services are provided to the individual at the appropriate intensity, frequency, and duration; use a team approach; occur in the home and/or community; and the individual’s ACT team collaborates with community providers. Unlike traditional services, ACT is intended to vary the intensity and frequency of contacts to meet the changing needs of individuals. ACT services may be titrated when an individual needs more or fewer services. For the purposes of Quality Indicator 17, the QSR looks at ACT service delivery at an individual level rather than looking at each component of the ACT program the way an ACT Fidelity Review does.

Twelve individuals were scored for Quality Indicator 17. CP received a score of 71%. Quality Indicator 17 consists of Measure 17a, Measure 17b, Measure 17c, and Measure 17d. Of the 22 individuals interviewed, 10 individuals were not receiving ACT services and therefore not applicable for scoring. Individuals were scored as follows:

	YES	NO
<b>Measure 17a:</b> ACT services are delivered at appropriate intensity, frequency, and duration	8	4
<b>Measure 17b:</b> ACT services are provided using a team approach	9	3
<b>Measure 17c:</b> ACT services are provided in the home/community	9	3
<b>Measure 17d:</b> ACT team collaborates with community providers	8	4

**Additional Results**

Twelve individuals were receiving ACT services. Data from the clinical records regarding ACT services was gathered for each individual based on an average of the four complete weeks preceding the QSR review, not including the most recent week:

- Seven individuals had an average minimum of 85 minutes of face-to-face contact with their ACT Team during each of the four complete weeks prior to the QSR; five individuals did not (CRR Q63).
- Five individuals had an average of three or more face-to-face contacts with ACT Team staff per week during each of the four complete weeks prior to the QSR; seven individuals did not (CRR Q64).
- Nine individuals responded they received “all” the ACT services they needed from their ACT Team, and three individuals responded that they “somewhat” received all the ACT services they needed from their ACT Team (CII Q21).
- Ten individuals responded they saw their ACT staff as often as they felt was needed; two individual responded they did not (CII Q25).
- Nine individuals had face-to-face contact with an average of more than one different ACT Team staff during each of the four complete weeks prior to the QSR; three individuals did not (CRR Q62).
- Nine individuals had 60% or more of their ACT services provided in the community; three individuals did not (CRR Q65). Nine of 12 individuals indicated that they received most of their services in the home or community (CII Q23). Three individuals indicated they preferred/chose to meet in the office (CII Q23). Staff acknowledged that two individuals received most of their services in the office (SII Q17).
- Successful ACT teams have several specific positions/specialties, including a psychiatrist or APRN, psychiatric nurse, employment specialist, master’s level clinician, substance abuse specialist, a team leader, and a peer specialist. At the time of the QSR review, the ACT Team had greater than 70% of these specific/specialty ACT positions filled (CRR Q66). They were lacking a peer support specialist, however.
- Staff endorsed that they had collaborated with community providers on behalf of eight of 12 individuals (SII Q18). Staff identified collaborating with a variety of providers and community agencies, including medical providers, guardians, hospitals, police, and others. Staff noted that three of the four individuals for whom collaboration had not occurred were individuals who were very capable and self-sufficient when stable and were engaging in these discussions themselves.

- Community Partners underwent an Assertive Community Treatment (ACT) Fidelity review between May 15<sup>th</sup> and May 16<sup>th</sup>, 2019. Out of a possible 140 total score, CP scored a 102 which brings them to the Fair Implementation category range of a score between 85-112. Agencies are required to develop Quality improvement plans for all items scoring three or less, and Community Partners has eleven items in this score range. Items that Community Partners scored a 5 on included; Small Caseload, Program Meeting, Intake Rate, Time-unlimited Graduation Rate, No Dropout Policy, and Assertive Engagement Mechanisms. The items that Community Partners scored the lowest on (score of 1) was Co-occurring Disorder Treatment Groups. Currently, the Community Partners ACT team is focusing on improving the following items; Responsibility for Hospital Admissions, Co-occurring Disorder Treatment Groups and Dual Disorders Model.

## **TRANSITION/DISCHARGE FROM INPATIENT PSYCHIATRIC SETTINGS**

Per the CMHA, VII.C.1, the state will collect information related to both successful and unsuccessful transitions process. Successful transitions are interrelated with other QSR quality indicators regarding housing, CMHC and community supports, crisis services, and employment services. Successful transition from inpatient psychiatric care to outpatient services requires care coordination that supports health, safety, and welfare.

### **Quality Indicator 18: Successful transition/discharge from an inpatient psychiatric facility**

Quality Indicator 18 corresponds to CMHA section VI.A.7. A transition is considered successful when the individual was involved in the discharge planning process, in-reach by the community mental health center occurred, the individual returned to appropriate housing, service provision has the outcome of increased community integration, coordination of care occurred, and the individual was not readmitted to an inpatient psychiatric facility within 90 days.

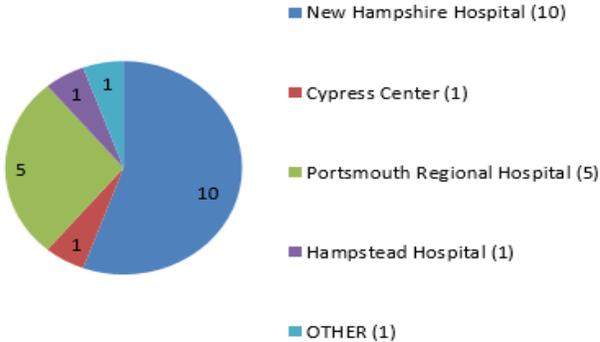
Twelve individuals were scored for Quality Indicator 18. CP received a score of 80%. Quality Indicator 18 consists of Measures 18a-18g. Of the 22 individuals interviewed, 10 individuals were considered not applicable for Indicator 18 because they did not have an inpatient psychiatric admission during the period under review or an inpatient psychiatric admission during the period under review was not endorsed by the client, the staff, *and* the clinical record. Individuals were scored as follows:

	YES	NO
<b>Measure 18a:</b> Individual was involved in the inpatient psychiatric facility discharge planning process	10	2
<b>Measure 18b:</b> In-reach occurred between the community mental health center and the inpatient psychiatric facility and/or individual	12	0
<b>Measure 18c:</b> Individual returned to appropriate housing following inpatient psychiatric discharge	10	2
<b>Measure 18d:</b> Service provision following inpatient psychiatric discharge has the outcome of increased community integration	5	7
<b>Measure 18e:</b> Coordination of care was adequate during inpatient psychiatric admission/discharge	8	4
<b>Measure 18f:</b> Absence of 90 day readmission to an inpatient psychiatric facility	10	2
<b>Measure 18g (OCR Q11):</b> Services are adequate to avoid harms and decrease incidence of unnecessary hospital contacts and/or institutionalization	12	0

**Additional Results**

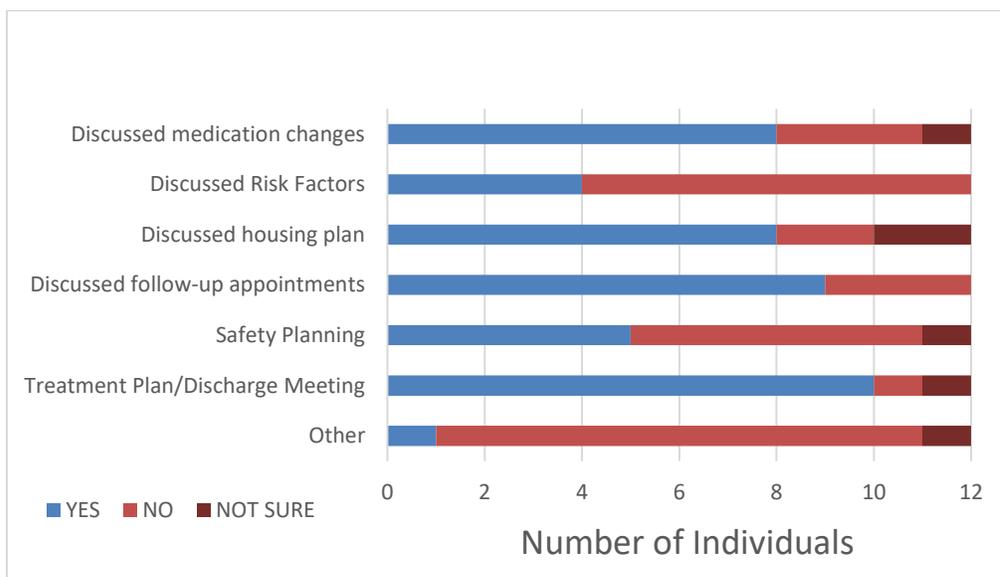
- Eighteen inpatient admissions occurred during the period under review. Of the 12 individuals who had a psychiatric admission, one individual had four distinct admissions, one individual had three distinct admissions, one individual had two distinct admissions, and nine individuals had one distinct admission (CRR Q68).
- Ten of 18 admissions were at New Hampshire Hospital (CRR Q69) (see Figure 10).

**Figure 10:** Inpatient Psychiatric Admissions



- Eleven of 12 individuals reported being involved in their discharge planning (CII Q85), and evidence of client involvement was found in eight out of 12 clinical records (CRR Q76). Those individuals that endorsed being involved in their discharge planning process identified having participated in the following activities to plan their return home (CII Q85) (see Figure 11).

**Figure 11: Individual’s Involvement in Discharge Planning**



- In-reach and communication between CP and the psychiatric facility and/or individual occurred for all 12 individuals (CRR Q71, CRR Q72, CII Q89, SII Q74). CP consistently documented this in-reach in their clinical records with evidence of in-reach found in 11 of 12 clinical records (CRR Q71).
- Two of 12 individuals returned to housing that was not appropriate (CII Q92, SII Q71). Both individuals reported that they were homeless upon discharge, but had reported to the psychiatric facility that they did have housing to return to so that they could be discharged from the psychiatric facility (CII Q92).
- One of 12 individuals recalled talking with a community provider about services in the community prior to discharge (CII Q83). Eight individuals reported they had not spoken with a community provider about services in the community, and three individuals were “not sure” whether a conversation had occurred.
- Three of 12 individuals felt that returning home after their discharge significantly disrupted their normal routine (CII Q93 and CII Q95). Those that did feel the transition home was

significantly disruptive to their normal routine reported feeling like their freedoms and rights had been taken away, feeling as if the community didn't understand, being presented with a large hospital bill, receiving an eviction notice, or losing income due to lost time at work (CII Q93, SII Q75).

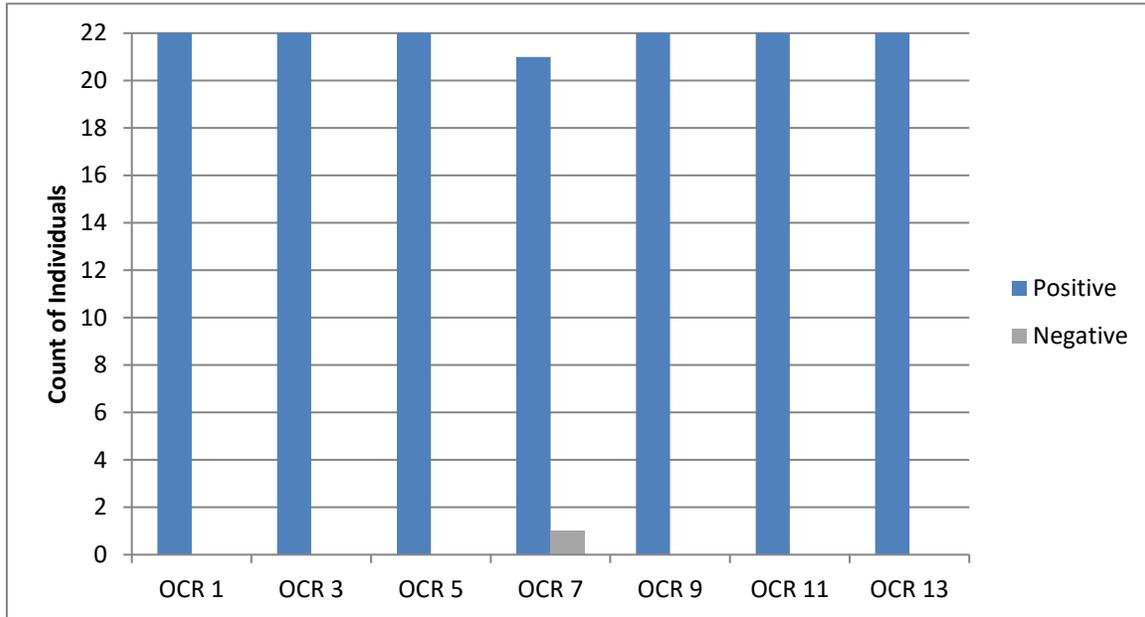
- Eleven of 12 individuals who had an inpatient psychiatric admission during the period under review had discharge instructions in the clinical record (CRR Q70); staff endorsed that 10 of 12 individuals had appointments with CP scheduled prior to discharge (SII Q73), and 10 of 12 individuals attended an appointment with CP within seven days of discharge (CRR Q73). The amount of time between discharge and the individual's first appointment with CP ranged from the same day as discharge to 15 days from discharge, with same day appointments being the most commonly noted.
- Two of the individuals who had an inpatient psychiatric admission during the period under review had a readmission within 90 days (CRR Q69).
- Overall, all individuals reviewed were observed to be receiving services and supports to assist with avoiding harms and decreasing the incidence of unnecessary hospital contacts (OCR Q11).

### **Overall Client Review**

Upon the completion of the clinical record review, client interview, and staff interview, an Overall Client Review (OCR) is completed by the QSR Review Team for each individual assigned to that team. The OCR consists of 14 questions (see Appendix 7: Overall Client Review) intended to capture an overall determination of whether the services received by the individual adequately allow him/her to meet the CMHA outcomes and, when applicable, provide a description of what was not adequate as evidenced by information gathered from the clinical record review, the client interview, and/or the staff interview. Additionally, clients are asked about their overall satisfaction with the CMHC and if they have anything additional to add to their interview responses (CII Q113, CII Q114).

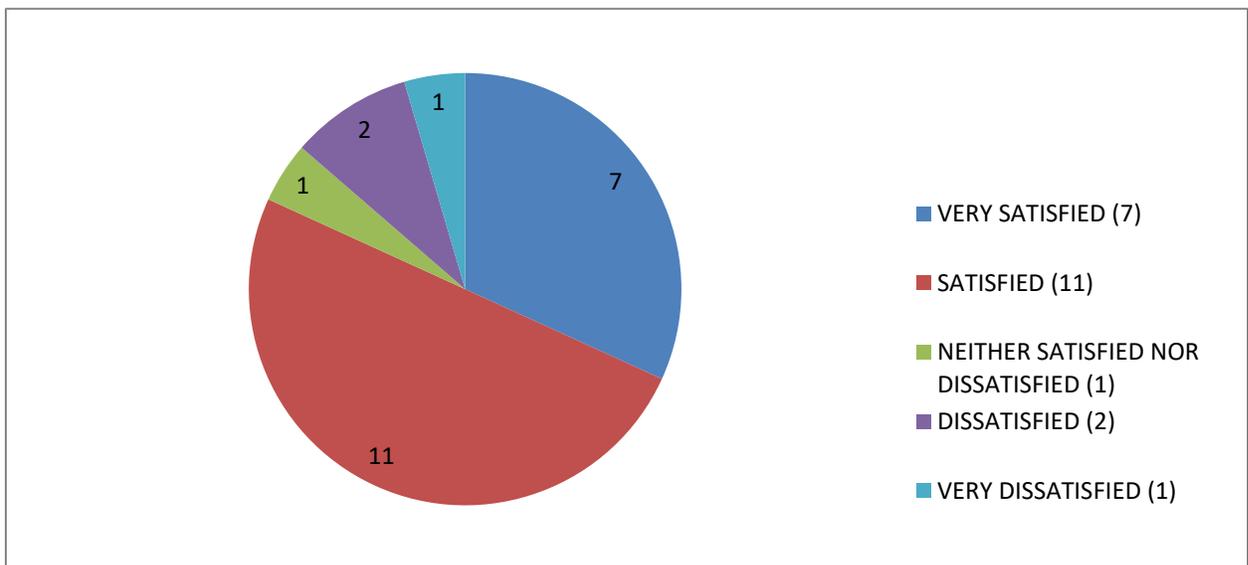
Of the 22 individuals reviewed, one did not achieve one or more of the OCR outcomes (see Figure 12).

**Figure 12: Overall Client Review Results**



The majority of individuals were satisfied with the services they were receiving (CII Q113) (see Figure 13).

**Figure 13: Overall Client Satisfaction**



Some of the additional comments/opinions provided by individuals are summarized below (CII Q114):

- ACT team offers additional support.

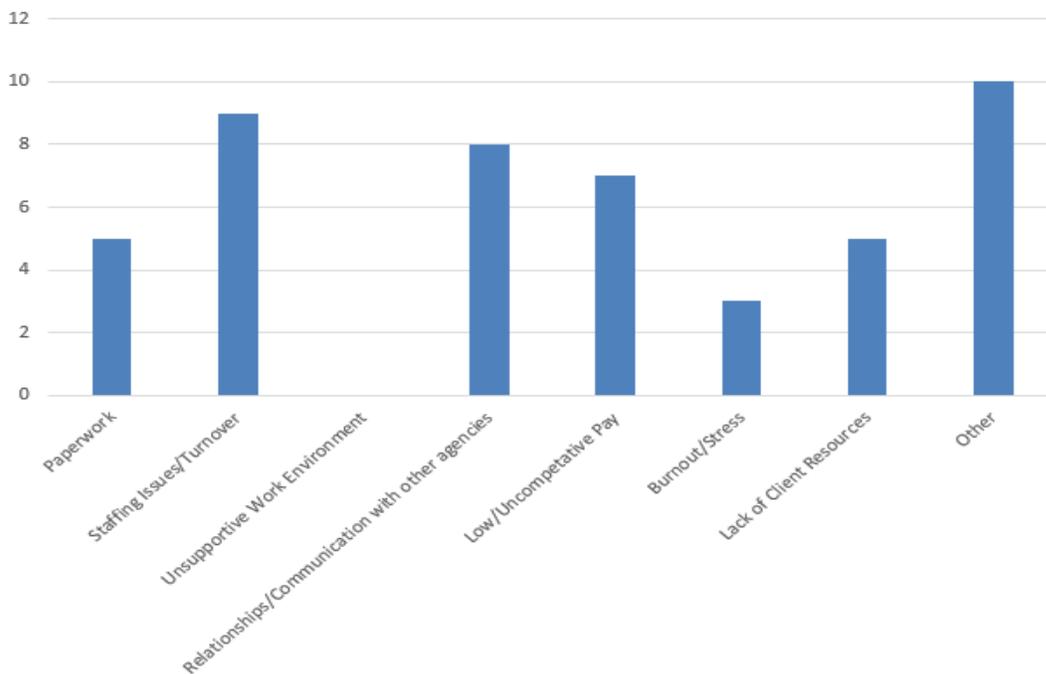
- CP is not always reachable or timely in returning calls.
- One or more individuals acknowledged that there is still a stigma around mental health and hospitals.
- Most individuals acknowledge finding CP services helpful.
- One or more individuals have felt unsupported while in a crisis.

### CP STAFF FEEDBACK SECTION

Staff are asked several questions regarding the overall challenges and positive aspects of working at the mental health center as well as their thoughts and opinions regarding the mental health delivery system in the State of New Hampshire (SII Q84, SII Q85, SII Q86).

Staff are asked about the barriers, challenges, and gaps they may face at CP (SII Q84). There were common themes such as staffing issues and lack of communication with/from other agencies. Issues around communication with hospitals was mentioned the most, as well as communication with public guardians. There was a general feeling that staffing issues were mainly a result of turnover related to low pay. Some of the other barriers mentioned were trouble engaging with some clients, not always having a supervisor available, lack of housing and transportation options, and issues around providing services not covered by insurance.

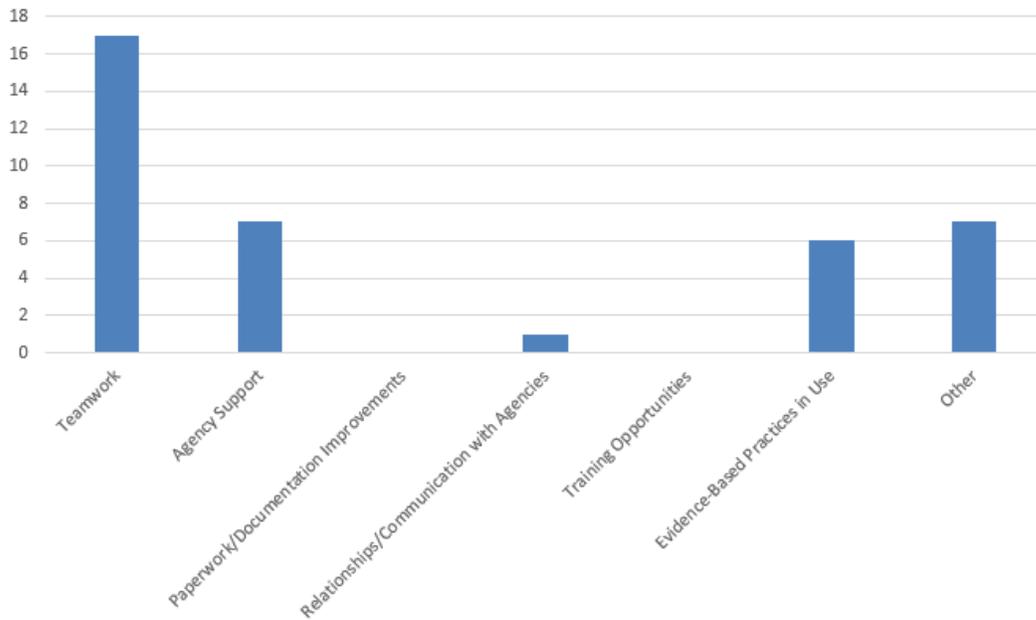
**Figure 14:** CP Barriers, Challenges, Gaps



Regarding what is working well at CP and the services provided to individuals, there was an obvious theme of CP staff feeling supported by their teammates, and while staffing had been mentioned as a significant barrier, there was some indication that it has seen some recent improvement (SII Q85).

“The people who work here are amazing. Culture from top down is amazing. This agency is very motivated to use evidence-based practices. We are constantly making improvements.”

**Figure 15:** “What’s Working Well at CP”



When asked more generally about the mental health delivery system in New Hampshire, the lack of available services was mentioned most frequently, both for services provided by the CP and services in the community. The issue of staff turnover in the mental health field was mentioned, including the issue of low pay for those who work in this field. Staff also felt that an increase in staff for the public guardian agencies, representative payees, and Bureau of Adult and Elderly services would be helpful and assist with waitlists (SII Q86).

## ***VI. CMHA Substantive Provisions***

New Hampshire's CMHCs provide mental health services to individuals through contract with the State. As such, compliance with certain provisions of the CMHA and achievement of identified outcomes is determined through the evaluation of the services provided by the CMHCs. The following conclusions regarding the CP's achievement of the CMHA provisions and outcomes is based on the quantitative and qualitative data collected during the QSR, ACT fidelity reviews, SE fidelity reviews, BMHS contract monitoring info, and information from DHHS databases.

### **1. Crisis Services Outcomes**

- a. **Provision V.C.1(c)** - Stabilize individuals as quickly as practicable and assists them in returning to their pre-crisis level of functioning.
  - i. **Conclusion:** CP did not meet this provision as evidenced by Measure 15e where four of six individuals (67%) who received a crisis service were assisted with returning to their pre-crisis level of functioning.
- b. **Provision V.C.1.d** - Provide interventions to avoid unnecessary hospitalization, incarceration, and/or DRF, APRTP, emergency room, or nursing home admission.
  - i. **Conclusion:** CP met this provision as evidenced by a score of 80% for the Crisis domain and OCR Q11, where all individuals reviewed were determined to be receiving adequate services to avoid harms and decrease the incidence of unnecessary hospital contacts.

### **2. ACT Outcomes**

- a. **Provision V.D.2 (b)** - ACT services are able to deliver comprehensive, individualized, and flexible services to meet the needs of the individual.
  - i. Compliance with Provision V.D.2 (b) is based on Quality Indicator 3, Quality Indicator 17, and the number of individuals meeting OCR Q1, OCR Q3, and OCR Q5.
  - ii. **Conclusion:** CP met this provision as evidenced by the following:
    1. For Quality Indicator 3: Adequacy of Individual Service Delivery, individuals receiving ACT services received an average score of 97%.
    2. For Quality Indicator 17: Implementation of ACT Services, individuals received an average score of 71%.

3. All individuals receiving ACT services received services consistent with the individual's demonstrated need (OCR Q1).
  4. All individuals receiving ACT services did not have indication of needing additional services that had not already been identified in either the assessment and/or treatment plan (OCR Q3).
  5. All individuals receiving ACT services received all of the services and supports they needed to ensure their health, safety, and welfare (OCR Q5).
- b. **Provision V.D.2 (c)** - ACT services are customized to an individual's needs and vary over time as needs change, and provide a reasonable opportunity to live independently in the community.
- i. Compliance with Provision V.D.2 (c) is based on Quality Indicator 2: Appropriateness of Treatment Planning, Quality Indicator 5: Appropriateness of Housing Treatment Planning, Quality Indicator 6: Adequacy of Individual Housing Service Delivery, Quality Indicator 7: Effectiveness of Housing Services Provided, Quality Indicator 9: Appropriateness of Employment Treatment Planning, Quality Indicator 10: Adequacy of Individual Employment Service Delivery, Quality Indicator 12: Individual is Integrated into his/her Community, Has Choice, Increased Independence, and Adequate Social Supports; and the number of individuals meeting OCR Q7, OCR Q11, and OCR Q13.
  - ii. **Conclusion:** CP met this provision as evidenced by the following:
    1. Those receiving ACT services had a total average score of 89% for the Quality Indicators 2, 5, 6, 7, 9, 10, and 12.
    2. Eleven of 12 individuals receiving ACT services received adequate services that provide reasonable opportunities to support the individual to achieve increased independence and integration in the community (OCR Q7).
    3. All individuals receiving ACT services received adequate services to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization (OCR Q11).
    4. All individuals receiving ACT services received adequate services to live in the most integrated setting (OCR Q13).

- c. **Provision V.D.2 (f)** - ACT services de-escalate crises until the crises subside without removing the individuals from their homes and/or community programs.
    - i. **Conclusion:** CP met this provision as evidenced by an average score of 85% for the Crisis domain for individuals receiving ACT services.
3. **Supported Housing Outcomes**
- a. **Provision V.E.1** - Supported housing meets individuals' needs.
    - i. **Conclusion:** CP met this provision as evidenced by a score of 86% for Quality Indicator 5: Appropriate Housing Treatment Planning and a score of 92% for Quality Indicator 6: Adequate Individual Housing Service Delivery.
  - b. **Provision V.E.1 (a)** - Support services enable individuals to attain and maintain integrated affordable housing, and are flexible and available as needed and desired.
    - i. **Conclusion:** CP met this provision as evidenced by a score of 89% for the Housing domain and OCR Q9, where all individuals reviewed received services adequate to obtain and maintain stable housing (OCR Q9).
4. **Supported Employment Outcomes**
- a. **Provision V.F.1 (part 1)** - Provide supported employment services consistent with the Dartmouth evidence-based model.
    - i. **Conclusion:** CP met this provision as evidenced by the Supported Employment Fidelity Review in October 2019. Out of a possible total score of 125, CP scored a 75, which brings them to the Fair Fidelity category range of a score between 74-99. Quality improvement plans are developed for all items scoring three or less, and Community Partners has seventeen items in this score range. Items in which Community Partners received a score of 5 included; Employment Services Staff, Vocational Generalists, Diversity of Employers, and Community-based Services. Community Partners' lowest-scoring items, with the lowest score of (1) included; Vocational Unit, Role of Employment Supervisor and Job Development- Frequent Employer Contact. Currently, the Community Partners' SE team has developed a full Quality Improvement Plan and action items on all areas that scored three or below, but has not yet chosen three in particular to report out on.
  - b. **Provision V.F.1 (part 2)** - Provide supported employment services in the amount, duration, and intensity to allow the opportunity for individuals to work the maximum

number of hours in integrated community settings consistent with their individual treatment plan.

- i. **Conclusion:** CP met this provision as evidenced by a score of 91% for Quality Indicator 10: Adequacy of Individual Employment Service Delivery.

## 5. Family Support Programs Outcome

- a. **Provision V.G.1** - The State will have an effective family support program to meet the needs of families of individuals throughout the State.

- i. **Conclusion:** While the Family Support Program is outside the purview and scope of the QSR, the following information is provided by BMHS contract monitoring. This provision is met as evidenced by the services NAMI NH provides in Region IX.

1. In SFY19, NAMI NH provided a variety of support groups including:

- NAMI NH Rochester Family Support Group for those with an adult loved one living with mental illness. This group has over 60 members and meets monthly with an average attendance of eight individuals per meeting.
- NAMI NH Parent Support group for parents/caregivers of children/youth with serious emotional disturbance meets monthly in Rochester with an average monthly attendance of four parents/caregivers.
- Survivor of Suicide Loss Support Group in Durham with an average monthly attendance of eight participants. This group was active in the beginning of the fiscal year, but is currently not meeting due to life circumstances for the group facilitators.
- Two Facebook Support Groups: one for parents/caregivers of youth with serious emotional disturbance with a total of 504 members, of whom 143 were new members during the reporting period, and one for family members with an adult loved one living with mental illness with a total of 708 members, of whom 209 were new to the group during the reporting period. While it is difficult to ascertain exactly how many members live in each town, NAMI NH is aware that there are members who reside in Region IX.

2. NAMI NH provided one-to-one support to a total of 30 Region IX families in SFY19: five families with an adult loved one living with mental illness, 24

families with children with serious emotional disturbance, and one family of an older adult with behavioral health issues.

3. NAMI NH responded to 64 Information and Resource contacts in SFY19.

## 6. Peer Support Programs Outcome

a. **V.G.2** - The State will have an effective peer support program to help individuals develop skills in managing and coping with symptoms of illness, in self-advocacy, and in identifying and using natural supports. The peer support program will train peers who have personal experience with mental illness and recovery to deliver the peer services and supports.

i. **Conclusion:** While the peer support program is outside the purview and scope of the QSR, the following information is provided by BMHS contract monitoring. This provision is met as evidenced by the services that Tri-City Consumers' Action Co-operative (Tri-City Co-op) provides in Region IX.

1. Tri-City Co-op is the peer support agency serving the catchment area of the Community Partners Mental Health Center with offices located in Rochester.

2. Peer supports and services include: individual and group peer support, peer advocacy, rights advocacy, outreach, telephone support, Wellness Recovery Action Plan training, monthly newsletters, fundraising, educational events, and assistance with educational and vocational pursuits. In SFY19, Tri-City Co-op offered the following groups and educational events:

- i. Body movement
- ii. Stress management
- iii. Mindfulness
- iv. Power of song
- v. Wellness Recovery Action Plans
- vi. Arts & crafts
- vii. Team building
- viii. Get to know peers
- ix. Vet to vet
- x. Fitness
- xi. Staying positive
- xii. Decide to be happy
- xiii. Wellness topics
- xiv. Communication skills

- xv. Daily meditation
  - xvi. Discover your best self
  - xvii. Conquer your fears
3. For SFY19, various Tri-City Co-op staff were trained in Intentional Peer Support, and Wellness Recovery Action Planning.
  4. Tri-City Co-op had 188 unique members/participants attend during the fiscal year with an average daily attendance of 23.
  5. Tri-City Co-op received 96 calls for peer support and made an additional 57 outreach calls.
  6. Seven of 22 individuals interviewed stated they had utilized a peer support agency in the past 12 months (CII Q110).

## 7. Community Integration Outcome

- a. **Provision IV.B and VII.A** - Provide services, programs, activities in the most integrated setting appropriate to meet needs and are sufficient to provide reasonable opportunities to help individuals achieve increased independence and gain greater integration into the community.
  - i. Compliance with Provision IV.B. and VII.A is based on Measure 3b: Service Delivery is flexible to meet individual's changing needs and goals; Measure 7a: Housing Supports and services enable individual to meet/progress towards identified housing goals; Quality Indicator 12: Individual is Integrated into his/her Community, Has Choice, Increased Independence, and Adequate Social Supports; and the number of individuals meeting OCR Q7, OCR Q11, and OCR Q13.
  - ii. **Conclusion:** CP met this provision as evidenced by:
    1. The average of individuals who scored "Yes" for Measure 3b (19 of 22 individuals received services that were flexible to meet their changing needs and goals) and Measure 7a (18 of 22 individuals received housing supports and services to enable them to meet/progress toward their identified housing goals) was 84%.
    2. For Quality Indicator 12, CP scored 74%.

3. Twenty-one of 22 individuals reviewed (95%) received adequate services that provide reasonable opportunities to support the individual to achieve increase independence and integration in the community (OCR Q7).
4. All individuals reviewed received adequate services to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization (OCR Q11).
5. All individuals reviewed received adequate services to live in the most integrated setting (OCR Q13).

#### **8. Health, Safety and Welfare Outcome**

- a. **Provision VII.A** - Ensure individuals are provided with the services and supports they need to ensure their health, safety, and welfare. Health, safety, and welfare are implicit through the totality of the Quality Service Review process.
  - i. **Conclusion:** CP met this provision as evidenced by an average score of 82% for the seven domains and OCR Q5, with all individuals receiving all of the services and supports they need to ensure health, safety, and welfare.

#### **9. Obtain and Maintain Stable Housing Outcome**

- a. **Provision VII.A** - Services and supports are of good quality and sufficient to provide reasonable opportunities to help individuals obtain and maintain stable housing.
  - i. **Conclusion:** CP met this provision as evidenced by a score of 89% for the Housing domain.

#### **10. Avoid Harms and Decrease the Incidence of Hospital Contacts and Institutionalization Outcome**

- a. **Provision VII.A** - Services and supports are of good quality and sufficient to provide reasonable opportunities to avoid harms and decrease the incidence of hospital contacts and institutionalization.
  - i. Compliance with Provision VII.A is based on the rate of re-hospitalizations (CRR Q69), the Crisis domain, and OCR Q11.
  - ii. **Conclusion:** CP met this provision as evidenced by:
    1. Ten of the 12 individuals who experienced an inpatient psychiatric admission (83%) were not re-hospitalized within 90 days (CRR Q69). All other data points relevant to this provision are as follows:

2. For the Crisis domain, CP received a score of 80%.
3. All individuals received services adequate to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization (OCR Q11).

## ***VII. Areas in Need of Improvement***

CP scored above the 80% threshold for 13 of the 18 quality indicators. Based on the QSR data, the following five quality indicators scored below the 75% threshold and are identified for incremental improvement over the next year:

1. *Increase the percentage of individuals receiving adequate employment assessments/screenings (Quality Indicator 8).*
2. *Increase the assistance provided to assist individual in attaining community integration, choice, increased independence, and adequate social supports (Quality Indicator 12).*
3. *Increase the percentage of individuals with adequate crisis assessments (Quality Indicator 13).*
4. *Increase the percentage of individuals receiving effective crisis service delivery (Quality Indicator 15).*
5. *Increase the implementation of adequate ACT services (Quality Indicator 17).*

For additional information and data related to these areas in need of improvement, please reference Section V. “COMMUNITY PARTNERS QSR Findings” and the “Additional Results” listed under the respective quality indicator.

## ***VIII. Next Steps***

Within 30 calendar days of receipt of this final report, CP is to complete and submit the DHHS Quality Improvement Plan (QIP) template for review by the BMHS Administrator of Operations and the BQAI Program Planning and Review Specialist.

## ***IX. Addendum***

During a 15-day review period, Community Partners had an opportunity to review the QSR initial report and submit corrections and/or information for DHHS’s consideration prior to the

issuance of this final report. CP submitted an emailed response indicating that the Center had no further corrections or additional information applicable to this report.

The Department discovered and corrected the following information, none of which affected the findings or the scores otherwise described in this report:

- On page 42 in the section of the report associated with Quality Indicator 18, it was discovered that in Figure 10, *Inpatient Psychiatric Admissions*, the number of admissions for Hampstead Hospital was missing from the key for the figure. The following text was added to the Figure 10 key to correct this oversight: (1).
- In Section VI, *CMHA Substantive Provisions*, at the bottom of page 54, the sentence “*Two of the 12 individuals who experienced an inpatient psychiatric admission (17%) were re-hospitalized within 90 days (CRR Q69)*” was rewritten to focus on those individuals who were not re-hospitalized within 90 days rather than those individuals who were, so now reads as follows: *Ten of the 12 individuals who experienced an inpatient psychiatric admission (83%) were not re-hospitalized within 90 days (CRR Q69)*.
- In Appendix 4, *Agency Overview*, the counseling model “Seeking Safety” was included in the list of evidence-based programs that CP offers. Previously this model had been listed separately as a best practice.

## ***References***

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1. SAMHSA, Person- and Family-Centered Care and Peer Support, (2017, January 20)  
retrieved from <https://www.samhsa.gov/section-223/care-coordination/person-family-centered>
2. 28 C.F.R., Part 35, Section 130 and Appendix A
3. SAMHSA, “Practice Guidelines: Core Elements in Responding to Mental Health Crises”,  
Rockville, Maryland, SAMHSA 2009
4. Temple University Collaborative on Community Inclusion, “Natural Supports”,  
[http://tucollaborative.org/pdfs/Toolkits\\_Monographs\\_Guidebooks/relationships\\_family\\_friends\\_intimacy/Natural\\_Supports.pdf](http://tucollaborative.org/pdfs/Toolkits_Monographs_Guidebooks/relationships_family_friends_intimacy/Natural_Supports.pdf)

## *Appendices*

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### **Appendix 1: List of CMHC QSR Instruments**

1. Client Profile-CMHC

A Client Profile is completed by the CMHC prior to the beginning of the on-site portion of the QSR for each individual scheduled to be interviewed. It provides information regarding demographics, eligibility, inpatient psychiatric admission(s), CMHC crisis services contacts, ACT, SE, legal involvement, accommodation(s) needed, guardian status, and information for reviewers to know that will help make the interview successful.

2. Client Profile-DHHS

The Client Profile-DHHS is developed by a DHHS Data Analyst and is completed prior to the beginning of the on-site portion of the QSR for each individual scheduled to be interviewed. It provides information on the frequency of services provided to each individual including ACT, SE and crisis services. It also includes admission and discharge dates of inpatient psychiatric admissions at New Hampshire Hospital or any of the other Designated Receiving Facilities (DRF).

3. CMHC Profile

The CMHC Profile is completed by the CMHC prior to the start of the on-site review portion of the QSR. The profile provides overview information that helps the QSR reviewers become familiar with the CMHC. The profile includes descriptive information about the services the CMHC offers to eligible adults and identifies evidence based services, crisis services, available community supports, general practices and staffing information.

4. Clinical Record Review (CRR)

A CRR is completed by the QSR review team, either remotely or during the on-site portion of the QSR, for each individual scheduled to be interviewed. The CRR includes domains on assessment and treatment planning, provision of services and supports, ACT, job related services, housing supports, crisis services, natural supports, and transitions from Glencliff Home or inpatient psychiatric admissions.

5. Client Interview Instrument (CII)

A CII is completed during the on-site portion of the QSR for each individual interviewed. An individual may be accompanied by his/her guardian or someone else that the individual has indicated would be a support. The CII includes sections on treatment planning, services provided, ACT, SE and job related services, housing supports, crisis services, natural supports and transitions from inpatient psychiatric admissions. A final question invites individuals to share additional information about their experiences at the CMHC and the services they received.

6. Staff Interview Instrument (SII)

For each individual interviewed, an SII is completed with a staff person selected by the CMHC who is familiar with the individual, his/her treatment plan, the services he/she receives at the CMHC and activities that he/she participates in outside of the CMHC. The SII includes sections on treatment planning, services provided, ACT, SE and job related services, housing supports, crisis services, natural supports and transitions from inpatient psychiatric admissions. Final questions invite staff to share additional information regarding the CMHC and the services provided to the individual.

7. Overall Client Review (OCR)

Upon the completion of the clinical record review, client interview, and staff interview, an Overall Client Review (OCR) is completed by the QSR Review Team for each individual assigned to that team. The OCR consists of 14 questions intended to capture an overall determination of whether the services received by the individual adequately allow him/her to meet the CMHA outcomes, and when applicable, provide a description of what was not adequate as evidenced by information gathered from the clinical record review, the client interview and the staff interview.

## Appendix 2: Indicator 1 Scoring Example

Client	SAMPLE		1	1a													1b			1c			1d			
			Adequacy of Assessment	Assessments identify individual's needs and preferences			Assessments identify individual's strengths										Assessment information was gathered through face to face appointment(s)			Assessments and TX plans have adequately identified service needs						
	ACT	IPA	79%	YES	NO	NA	CR R	CRR Q4	CR R	CR R	CRR Q10	SII Q3	YES	NO	NA	CR R	CR R	CII Q4	YES	NO	NA	SII Q2	YES	NO	NA	OCR Q3
Apple	NO ACT	IPA	100%	X		0	YES	YES	YES	0	YES	YES	X		0	YES	0	NO	X		0	YES	X			NO
Blossom	ACT	NO IPA	100%	X		0	YES	YES	YES	0	YES	NO	X		0	YES	0	YES	X		0	YES	X			NO
Cherry	ACT	IPA	75%	X		0	YES	YES	YES	0	YES	NO	X		0	YES	0	YES		X	0	NO	X			NO
Dahlia	NO ACT	IPA	25%		X	0	YES	NO	NO	NO EVID	YES	YES		X	0	NO	0	NO	X		0	YES		X		YES
Echinacea	NO ACT	NO IPA	100%	X		0	YES	YES	YES	0	YES	NO	X		0	YES	0	YES	X		0	YES	X			NO
Flowers	ACT	NO IPA	75%	X		0	YES	YES	YES	0	YES	NO	X		0	YES	0	YES		X	0	NO	X			NO
N=6			475	5	1		6Y/ON	5Y/1N	5Y/1N		6Y/ON	2Y/4N	5	1		5Y/1N		4Y/2N	4	2		4Y/2N	5	1	1 YES=	Negativ
			NonACT= 75%																							5 No=
			ACT= 83%																							

### Appendix 3: CMHC QSR Abbreviated Master Instrument

ASSESSMENT/TREATMENT PLANNING/SERVICE DELIVERY	
1	Adequacy of assessment (CMHA VII.D.1)
1a	Assessments identify individual's needs and preferences.
1b	Assessments identify individual's strengths.
1c	Assessment information was gathered through face to face appointment(s) with the individual
1d	OCR Q3 Additional services are needed that have not been identified in assessments or on the treatment plan
2	Appropriateness of treatment planning (CMHA VII.D.1; V.D.2.f)
2a	Treatment planning is appropriately customized to meet the individual's needs and goals
2b	Treatment planning is person-centered and strengths based
2c	OCR Q3 Assessments and treatment plans have adequately identified service needs
3	Adequacy of Individual service delivery (CMHA VII.D.1; V.D.2.b; V.D.2.c)
3a	Services are delivered with appropriate intensity, frequency, and duration
3b	Service delivery is flexible to meet individual's changing needs and goals
3c	Services are delivered in accordance with the service provision(s) on the treatment plan
3d	OCR Q1 Frequency and intensity of services are consistent with the individual's demonstrated need
3e	OCR Q3 Additional services are needed that have not been identified in assessments or on the treatment plan
3f	OCR Q5 Services and supports ensure health, safety, and welfare
HOUSING SERVICES AND SUPPORTS	
4	Adequacy of housing assessment (CMHA VII.D.1)
4a	Individual needs are adequately identified
5	Appropriateness of housing treatment planning (CMHA V.E.1.a)
5a	Treatment Plans are appropriately customized to meet the individual's housing needs and goals
6	Adequacy of individual housing service delivery (CMHA IV.B; V.E.1.a; VII.D.1,4)
6a	Housing support services are provided with appropriately intensity, frequency, and duration to meet individual's changing needs and goals
6b	Housing supports and services are provided at the intensity, frequency, and duration as seen necessary by the individual
6c	OCR Q9 Services are adequate to obtain an maintain stable housing

- 7 Effectiveness of the housing services provided (CMHA VII.A)
  - 7a Housing Supports and services enable individual to meet/progress towards identified housing goals
  - 7b Housing supports and services enable individual to maintain safe housing
  - 7c Housing supports and services enable individual to maintain stable housing
  - 7d Housing supports and services enable individual to be involved in selecting their housing
  - 7e OCR Q9 Services are adequate to obtain and maintain stable housing

**EMPLOYMENT SERVICES AND SUPPORTS**

- 8 Adequacy of employment assessment/screening (CMHA VII.D.1)
  - 8a Individual needs are adequately identified
  - 8b Individuals received a comprehensive assessment of employment needs and preferences when applicable.
- 9 Appropriateness of employment treatment planning (CMHA V.F.1)
  - 9a Treatment plans are appropriately customized to meet the individual's changing needs and goals
- 10 Adequacy of individual employment service delivery (CMHA IV.B; V.F.1; VII.B.1, 4; VII.D.4)
  - 10a Service delivery is provided with the intensity, frequency, and duration needed to meet the individual's changing needs employment needs
  - 10b Employment Services and supports are meeting individual's goals

**COMMUNITY INTEGRATION, CHOICE, AND SOCIAL SUPPORTS**

- 11 Adequacy of Assessment of social and community integration needs (CMHA VII.D.1)
  - 11a Assessment identifies individuals' related needs and preferences
  - 11b Assessment identifies individuals' related strengths
- 12 Individual is integrated into his/her community, has choice, increased independence, and adequate social supports (CMHA IV.B,C; VII.A; VII.D.4)
  - 12a Individual is competitively employed
  - 12b Individual lives in an independent residence
  - 12c Individual (re)starts communication with natural support upon discharge from an inpatient psychiatric facility
  - 12d Individual is integrated in his/her community
  - 12e Individual has choice in housing
  - 12f Individual has choice in their treatment planning, goals and services
  - 12g Individual has the ability to manage his/her own schedule/time
  - 12h Individual spends time with peers and/or family

- 12i Individual feels supported by those around him/her
- 12j Efforts have been made to strengthen social supports if needed
- 12k OCR Q7 Services are adequate to provide reasonable opportunities to support the individual to achieve increased independence and integration in to the community
- 12l OCR Q11 Services are adequate to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization
- 12m OCR Q13 Services are adequate to live in the most integrated setting

**CRISIS SERVICES AND SUPPORTS**

- 13 Adequacy of crisis assessment (CMHA V.C.1)
  - 13a Assessment was timely
  - 13b Risk was assessed
  - 13c Protective factors were assessed
  - 13d Coping skills/interventions were identified
- 14 Appropriateness of crisis plans (CMHA VII.D.1)
  - 14a Individual has a crisis plan that is person centered
  - 14b Individual has a knowledge and understanding of how to navigate and cope during a crisis situation
- 15 Comprehensive and effective crisis service delivery (CMHA V.D.2.f; V.C.1)
  - 15a Communication with treatment providers was adequate
  - 15b Communication with individual was adequate
  - 15c Crisis service delivery is sufficient to stabilize individual as quickly as practicable
  - 15d Crisis interventions occur at site of the crisis (if applicable)
  - 15e Individual is assisted to return to his/her pre-crisis level of functioning

**ACT SERVICES AND SUPPORTS**

- 16 Adequacy of ACT screening (CMHA VII.D.1)
  - 16a ACT screening was completed
  - 16b Individual receives ACT services when appropriate
- 17 Implementation of ACT Services (CMHA V.D.2.b; V.D.2.c)
  - 17a ACT services are delivered at appropriate intensity, frequency, and duration
  - 17b ACT services are provided using a team approach
  - 17c ACT services are routinely provided in the home/community
  - 17d ACT team collaborates with community providers

**IPA TRANSITION/DISCHARGE**

- 18 Successful transition/discharge from inpatient psychiatric facility (CMHA VI. A.7)
- 18a Individual was involved in the discharge planning process
- 18b There was In-reach by the community mental health center
- 18c Individual returned to appropriate housing
- 18d Service provision has the outcome of increased community integration
- 18e Coordination of care
- 18f Absence of 90 day readmission to an inpatient psychiatric facility
- 18g OCR Q11 Services are adequate to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization

#### **Appendix 4: Agency Overview**

Community Partners (CP), established in 1955, is a community-based mental health provider serving the needs of children, adolescents, adults and their families. CP is approved from September 1, 2016 through August 31, 2021 as a Community Mental Health Program (CMHP) per the State of New Hampshire Administrative Rule He-M 403. CP is designated a CMHP for Region 9 which encompasses 13 cities and towns within Strafford County.

Community Partners has offices in Dover and Rochester that serve adults with severe (SMI) or severe and persistent mental illness (SPMI). CP provides a range of services including intake assessment services, psychiatric diagnostic and medication services, psychiatric emergency services, targeted case management services, individual, group, and family psychotherapy. CP's Evidenced Based Practices (EBPs) include Assertive Community Treatment (ACT), Supported Employment (SE), Illness Management and Recovery (IMR), Dialectical Behavior Therapy (DBT), the In-SHAPE health mentoring and development program designed to improve physical health and quality of life, reduce the risk of preventable diseases, and enhance the life expectancy of individuals with serious mental illness, and "Seeking Safety", a counseling model to help people attain safety by directly addressing both trauma and addiction. In 2020 CP will be implementing an "Open Access" program that provides same-day intake appointments and improved access to focused, high quality, and timely care to our clients while decreasing or eliminating wait-lists.

Community Partners is the Area Agency for developmental disabilities and as such is able to offer seamless services to those individuals that have both a severe mental illness and a developmental disability. CP is the regional ServiceLink agency with enhanced resources and capacity to coordinate high quality case management and access to care for people with severe mental illness. CP offers Mental Health First Aid (MHFA) with three staff that provide training to the community. CP's "ProHealth NH" is a SAMHSA grant project being implemented in coordination with Goodwin Community Health Center, a Federally Qualified Health Center (FQHC), to integrate CMHP and FQHC services for people ages 16 to 35 with severe emotional disturbance and severe mental illness to improve health outcomes and prevent future health problems.

There are two hospitals in the Community Partners catchment area: Frisbie Memorial Hospital (FMH) in Rochester and Wentworth Douglass Hospital (WDH) in Dover. CP has contracts with both to provide emergency services (ES) in their emergency departments (ED) and CP has a contract with WDH to provide psychiatric and emergency assessments beyond the ED.

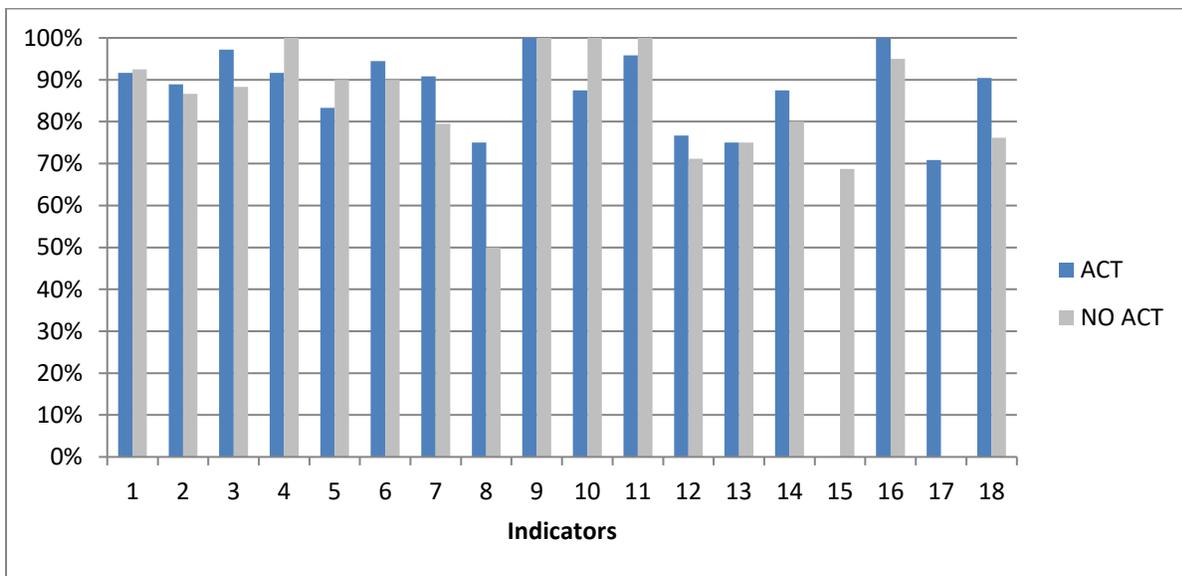
## Appendix 5: Year-to-Year Comparison

Indicator	SFY 18	SFY 19	SFY 20	3-Year Overall Change
1. Adequacy of Assessment	85%	83%	92%	7%
2. Appropriateness of treatment planning	87%	91%	88%	1%
3. Adequacy of individual service delivery	78%	82%	93%	16%
4. Adequacy of Housing Assessment	100%	100%	95%	-5%
5. Appropriate of Housing Treatment Plan	90%	100%	86%	-4%
6. Adequacy of individual housing service delivery	83%	81%	92%	9%
7. Effectiveness of Housing supports provided	79%	79%	86%	7%
8. Adequacy of employment assessment/screening	60%	58%	64%	4%
9. Appropriateness of employment treatment planning	80%	75%	100%	20%
10. Adequacy of individual employment service delivery	59%	60%	91%	32%
11. Adequacy of Assessment of social and community integration needs	100%	100%	98%	-2%
12. Individual is integrated into his/her community, has choice, increased independence, and adequate social supports	81%	80%	74%	-8%
13. Adequacy of Crisis Assessment	75%	86%	75%	0%
14. Appropriateness of crisis plans	88%	95%	84%	-3%
15. Comprehensive and effective crisis service delivery	75%	75%	75%	0%
16. Adequacy of ACT Screening	85%	100%	98%	13%
17. Implementation of ACT Services	54%	69%	71%	17%
18. Successful transition/discharge from the inpatient psychiatric facility	82%	82%	80%	-2%
AVERAGE:	80%	83%	86%	6%

Shaded cells indicate areas that required a QIP in the corresponding year

## Appendix 6: ACT vs Non-ACT Indicator Scores

Indicator #	Total N		ACT	ACT N	NO ACT	NO ACT N	Difference:
1	22	Adequacy of Assessment	92%	12	93%	10	-1%
2	22	Appropriateness of treatment planning	89%	12	87%	10	2%
3	22	Adequacy of individual service delivery	97%	12	88%	10	9%
4	22	Adequacy of Housing Assessment	92%	12	100%	10	-8%
5	22	Appropriateness of Housing Treatment Plan	83%	12	90%	10	-7%
6	22	Adequacy of individual housing service delivery	94%	12	90%	10	4%
7	22	Effectiveness of Housing supports provided	91%	12	80%	10	11%
8	22	Adequacy of employment assessment/screening	75%	12	50%	10	25%
9	8	Appropriateness of employment treatment planning	100%	6	100%	2	0%
10	11	Adequacy of individual employment service delivery	88%	8	100%	3	-13%
11	22	Adequacy of Assessment of social and community integration needs	96%	12	100%	10	-4%
12	22	Adequacy of Integration within the Community, Choice, Independence, and Social Supports	77%	12	71%	10	6%
13	6	Adequacy of Crisis Assessment	75%	2	75%	4	0%
14	22	Appropriateness of crisis plans	88%	12	80%	10	8%
15	6	Comprehensive and effective crisis service delivery	N/A	2	69%	4	N/A
16	22	Adequacy of ACT Screening	100%	12	95%	10	5%
17	12	Implementation of ACT Services	71%	12	N/A	0	N/A
18	12	Successful transition/discharge from the inpatient psychiatric facility	90%	3	76%	9	14%



## Appendix 7: Overall Client Review (OCR)

### OVERALL CLIENT REVIEW (OCR)

The following 14 questions and responses are intended to capture an overall evaluation of whether the services received by the individual adequately allow him/her to meet the overall outcomes set forth in the CMHA. The intention is also to provide suggestions and feedback on what additional services or resources would help the individual to meet those outcomes.

Take into consideration all information gathered from interviews and the record review when completing the Overall Client Review.

- OCR Q1 Is the frequency and intensity of services consistent with the individual's demonstrated need? Yes or No.  
 If YES, Skip to OCR Q3
- OCR Q2 What is not consistent with the individual's demonstrated need? Please provide justification for your response.
- OCR Q3 Does the individual receive all the services he/she needs, and if not, have the needs at least been identified in either assessments or addressed in case management and/or treatment plans? Yes or No?  
 If YES, Skip to OCR Q5
- OCR Q4 What additional services are needed? Please provide justification for your response.
- OCR Q5 Is the individual receiving all of the services and supports he/she needs to ensure health, safety, and welfare? Yes or No.  
 If YES, Skip to OCR Q7
- OCR Q6 What additional services are needed? Please provide justification for your response.
- OCR Q7 Is the individual receiving adequate services that provide reasonable opportunities to support the individual to achieve increased independence and integration into the community? Yes or No.  
 If YES, Skip to OCR Q9
- OCR Q8 What additional services are needed? Please provide justification for your response.
- OCR Q9 Is the individual receiving adequate services to obtain and maintain stable housing? Yes or No.  
 If YES, Skip to OCR Q11
- OCR Q10 What additional services are needed? Please provide justification for your response.
- OCR Q11 Is the individual receiving adequate services to avoid harms and decrease the incidence of unnecessary hospital contacts and/or institutionalization? Yes or No.  
 If YES, Skip to OCR Q13
- OCR Q12 What additional services are needed? Please provide justification for your response.
- OCR Q13 Is the individual receiving adequate services to live in the most integrated setting? Yes or No.  
 If YES, Skip to OCR Completion Tracking Chart
- OCR Q14 What additional services are needed? Please provide justification for your response.